

HAPPY  
4<sup>th</sup>  
of July

# July



A compilation of events going on in the community for families who have children with special needs and their service providers.

Click each event for details and contact the host with any questions.

WEDNESDAY 1ST

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Food Distribution (Yucca Valley).  
Summerfeeds (Riverside).  
Keeping Sleep on Track All Summer Long (Virtual).

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THURSDAY 2ND

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Angeles con Futuro Grupo de Apoyo (Virtual).

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FRIDAY 3RD

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Food Distribution (Victorville) Every Friday

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SATURDAY 4TH



MONDAY 6TH

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Summer Meal Sites (San Bernardino).

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TUESDAY 7TH

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How to Appeal Your In Home Supportive Services (Virtual).  
CCRC Playgroup (Victorville) Every Tuesday  
Stretching and Exercise Program Possabilities (Loma Linda) Every Tuesday

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FRIDAY 10TH

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Food Distribution (Victorville) Every Friday

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Young Visionaries Backpack Giveaway (San Bernardino).

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**SATURDAY 11TH**

Boot Camp for New Dads (San Bernardino).

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**SUNDAY 12TH**

Family Movie Day (Rancho Mirage).

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**MONDAY 13TH**

FRN Eastvale Library Inclusive Story Time (Eastvale).

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**TUESDAY 14TH**

NLS Summer Reading Program (Virtual).  
Healthy Relationships & Sexuality Education Series (Virtual).

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**WEDNESDAY 15TH**

IRC 101 Training, Blythe  
Diaper Distribution (Barstow).  
Every Wednesday  
Storytime (Fontana).

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**THURSDAY 16TH**

Sizzlin' Summer Nights (San Bernardino).

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**FRIDAY 17TH**

IRC CAC Mardi Gras  
Bingorama (San Bernardino).

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**SATURDAY 18TH**

Direct Diaper Distribution (Riverside).  
CPR & First Aid Training (San Bernardino).  
Mama Support Network (Indio).

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**TUESDAY 21ST**

Glow Party 14+ (Corona).

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**WEDNESDAY 22ND**

Protecting Teeth Between Popsicles (Virtual).  
Birth and Beyond Support Group (Virtual).  
Every Wednesday & Fridays

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**THURSDAY 23RD**

Medi-Cal Basics (Virtual).  
Mama Support Network (Indio).  
Every Thursday  
Sizzlin' Summer Nights (San Bernardino).

SATURDAY 25TH

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Glow & Go Run/Walk (Mecca)

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MONDAY 27TH

IRC Self-Determination Program Support Group (Virtual)

IRC New Parent Orientation (Virtual)

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TUESDAY 28TH

Diaper Bank (Upland)

Autistics Diagnosed Later in Life (Virtual)

Individualized Education Program Parent Training (Virtual)

Grill & Chill Fest (Ontario)

NLS Summer Reading Program (Virtual)

IRC Sex Education for Teenagers

13+ (San Bernardino)

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WEDNESDAY 29TH

Coffee & Chats: IHSS & Protective Supervision (Hybrid)

Capacitación Para Padres: Programa Educativo Individualizado (Virtual)

Picnic Pals (Ontario)

July Disability Pride Month (Virtual)

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