



FAMILY CIRCLE NEWSLETTER

WWW.ESFRN.ORG

1-800-974-5553

We are growing! Meet our new staff on page 2.

The Family Resource Network Family Support Circle



We are hosting a comfortable virtual space where parents and caregivers of loved ones with disabilities can connect and support one another. The conversations are open and go wherever families need them to go, daily challenges, school concerns, transitions, services, or just the emotional side of caregiving. You're welcome to join whether you want to share, ask questions, or simply listen. This support group is offered in both English and Spanish.

English - October 13, 2026, 10:00 am - 11:00 am. <https://bit.ly/4gUCJ0e>

Spanish - October 14, 2026, 10:00 am - 11:00 am. <https://bit.ly/4Ah97l5>

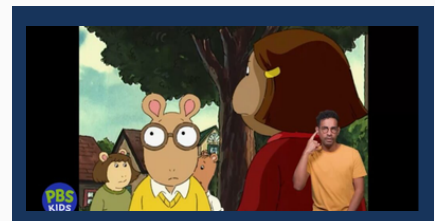
English - December 8, 2026, 10:00 am - 11:00 am. <https://bit.ly/4jicxOy>

Spanish - December 9, 2026, 10:00 am - 11:00 am. <https://bit.ly/4dU8cxt>

Deaf and Hard-of-Hearing Resource

PBS KIDS will make American Sign Language (ASL) interpretation available for several series across its free digital streaming platforms. The six series that will offer ASL integrations are Arthur, Alma's Way, Daniel Tiger's Neighborhood, Donkey Hodie, Work It Out Wombats and Pinkalicious & Peterrific, which will each feature 10 episodes.

For more information visit: <https://bit.ly/3UL4DTN>



Introducing the newest addition to the Family Resource Network



Christine joins the family Resource Network as a Family Support Specialist, bringing a wealth of experience supporting individuals with special needs across the lifespan. Most recently, she served as a Parent Representative for an Early Start program, where she empowered families to build confidence in advocating for their young children. As a mother of two, she has firsthand experience navigating services for her own child, who showed developmental delays as an infant. Through this journey, she has become a dedicated advocate, ensuring her son receives the support he needs to thrive in every environment.

If you'd like to connect to one of our staff members call us at 800-974-5553. We are here to help you.



Follow us on social media for resources, trainings, and events



Did you know the Family Resource Network is also a Family Empowerment Center?

As a Family Empowerment Center, we aim to assist parents to better understand their child's educational needs and serve as a resource for the IEP process. Give us a call at (800) 974-5553 if you need help with your child's special education. We are here to help!

Family Resource Network Parent Trainings

Sensory Processing Parent Training

This training is for parents of children in Riverside & San Bernardino counties only. Please do not register if you do not live in these counties as space is limited. Parents will learn about sensory processing and how it affects learning and behaviors. Presented by Annette Richardson, OTR/L. Annette has worked for IRC for over 20 years as an occupational therapist specializing in pediatrics. She has extensive training and experience in feeding and sensory processing disorder.



October 7, 2026, 9:30 am - 11:30 am. <https://bit.ly/4xyRDOP>

November 4, 2026, 9:30 am - 11:30 am. <https://bit.ly/4hjvYnH>

IEP Parent Training

October 27, 2026 - 9:30 am - 11:30 am

Learn the basics of this important planning meeting which first occurs around your child's 3rd birthday and involves their educational needs. Topics to be discussed: What is an IEP meeting and why do we have them? What can be included in an IEP? Who is on the IEP team? What is the parent's role? What are your rights?

Please register for this webinar at: <https://bit.ly/4z22zWr>



For more information call 1-800-974-5553.

Family Resource Network

Calm & Curious

KIDS CLUB

Hosted by Family Resource Network

ALL AGES & ABILITIES

Families can enjoy sensory playdates, storytimes, and engaging activities in a welcoming space for all. Parents and caregivers can also visit a resource table for support, services, and answers to questions.

EASTVALE LIBRARY

7447 Scholar Way, Eastvale, CA 92880
(951) 273-2025 | www.rivlib.net



October 5, November 2, December 14, 2026 from 4:30 pm - 5:30 pm.

Traumatic Separation and Its Effects

Traumatic separation is a clinical concept based on the importance of the parent-child bond and the profound effect that can result from breaking it. What makes a separation harmful is not necessarily its length but its character: ones that are sudden or confusing, or those that come about through larger distressing events, like a natural disaster or war.

To learn more about traumatic separation visit: <https://bit.ly/46RXX8Y>



Fall Advocacy & Inclusion Fair

Legacy Bridges Foundation's biggest Fall Advocacy & Inclusion Fair yet! This FREE, family-friendly event welcomes individuals of all ages and abilities for an afternoon of inclusion, community, and fun. This year's fair will be held Saturday, October 10, 2026, 12:00pm -3:00pm. Location Inland Regional Center - Conference Center located at 1425 S. Waterman Ave. San Bernardino 92408. For more information visit: <https://bit.ly/4czaSQD>



Inland Valley Down Syndrome Association

Presents the largest buddy walk in the Inland Empire

Join the largest Buddy Walk in the Inland Valley as they celebrate and promote awareness while they fundraise for the Down syndrome community and more. IVDSA invites you to participate in this exciting fun filled, family-friendly event. The day will include a live DJ, kid zone, carnival games, resource tables, balloon sculptor, photo booth, bake sale, arts & crafts, pumpkin decorating, the Reptile guy, costume players and much more!

Saturday, October 24, 2026, 10:00 am-2:00 pm.
Miller Park at 17004 Arrow Blvd, Fontana, CA 92335.
For more information visit: <https://bit.ly/3Vmds6y>





Halloween Spooktacular & Fun Safety Fair

Fa-BOO-lous Halloween Spooktacular & Safety Fair! This free, family-friendly event offers the Autism and I/DD community a safe, sensory-friendly alternative to nighttime trick-or-treating.

Carnival Games & Sensory Activities

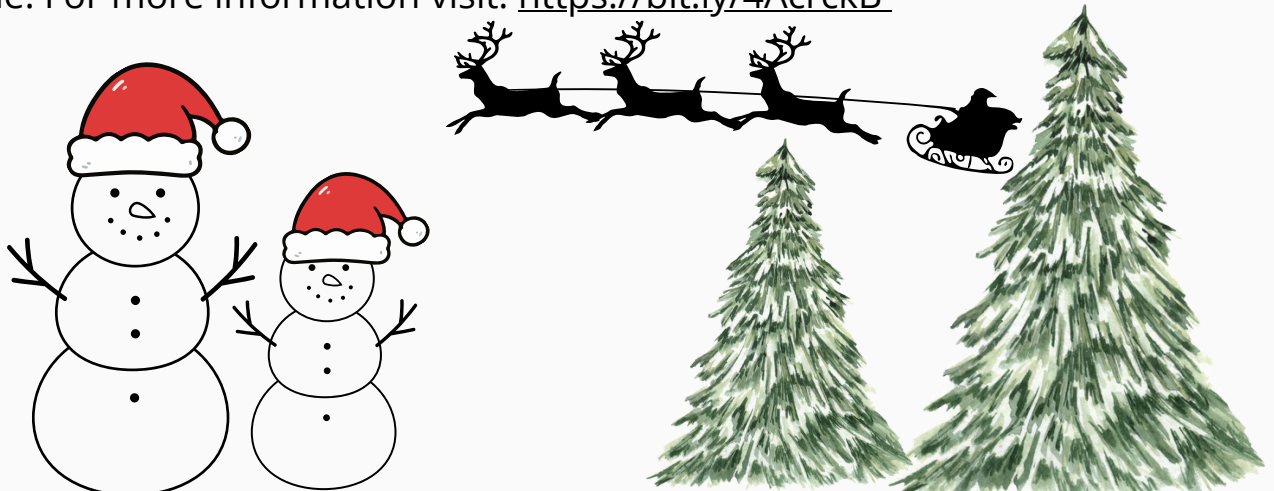
Law Enforcement & First Responder Meet & Greet

Explore police cars, fire trucks, ambulances, and more up close!

For more information visit: <https://bit.ly/46Whcy9>

Breakfast With Santa

On December 5, 2026 join Desert Recreation District, jolly old Saint Nick and his merry band of elves this holiday season for Breakfast with Santa. They will be serving a continental breakfast, have craft stations where you can make reindeer food, decorate ornaments and cookies as well as finish your letter to Santa. There will be photo opportunities as well, so please bring your cameras. All ages welcome. For more information visit: <https://bit.ly/4AcrcckB>



Check out these events coming up soon...

10/13/2026, Family Resource Network's Family Support Circle

Support Circle, a safe space for parents and caregivers of children, teens, and adults with disabilities to talk, connect, and encourage one another. This group is meant to feel comfortable and real. It's a chance to meet other families who get what you're going through and to feel a little less alone in the process. Register for this webinar at: <https://bit.ly/4gUCJ0e>

10/23/2026, Rock Around the Clock

UCPIE's life without limits sock hop luncheon. Put on your saddle shoes, poodle skirts and letterman jackets for a great cause. Live music, entertainment, live and silent auction. For more information visit: <https://bit.ly/4A0okqF>

10/27/2026, Family Resource Network's IEP Parent Training

Learn the basics of this important planning meeting which first occurs around your child's 3rd birthday and involves their educational needs. This training is for parents/caregivers in Riverside and San Bernardino Counties. Register for this webinar at: <https://bit.ly/4z22zWr>

11/02/2026, Parents Rising to Child Developmental Challenges

Brazelton is hosting a virtual conversation series for parents and families of children with differences in or challenges to their development to connect with each other. For more information visit: <https://bit.ly/4hckZvY>

11/04/206, Sensory Integration Parent Training

Family Resource Network is hosting a training for parents of children in Riverside & San Bernardino counties. Parents will learn about sensory processing and how it affects learning and behaviors. Register for this webinar at: <https://bit.ly/4hjvYnH>

11/16/2026, Epilepsy Awareness & Education Expo

People of all ages with epilepsy, their families and friends are invited to this event. For more information visit: <https://bit.ly/4gHa7ra>

12/08/2026, Family Resource Network's Family Support Circle

Support Circle, a safe space for parents and caregivers of children, teens, and adults with disabilities to talk, connect, and encourage one another. This group is meant to feel comfortable and real. It's a chance to meet other families who get what you're going through and to feel a little less alone in the process. Register for this webinar at: <https://bit.ly/4jicxOy>

12/10/2026, It's Okay Not To Be Okay

Brightline is hosting a webinar about how the holiday season is often filled with lights, laughter, and togetherness, but for many families, it can also stir up big feelings like loneliness, worry, grief, or stress. And that's okay, in this webinar, they talk about how to care for your child and yourself when the season feels heavy. For more information visit: <https://bit.ly/3UJc6mo>

12/28/2026, IRC Self-Determination Program Support Group

Are you part of the Self-Determination Program or interested in learning more? Come connect with others, build community, share resources, and be part of a welcoming space. Short discussion on topic and then lots of time for your questions! For more information visit: <https://bit.ly/3T0PNrI>

Follow us on social media for resources, trainings, and events

