B.E.A.M.S. Lab
BIOLOGY , ENVIRONMENTS , AND MOOD STUDIES

Paid Research Opportunity

University of Denver

We are trying to understand how relationships, stress, and the environment in the lives of teenagers and parents affect mental and physical health. Participating in this study can help us better understand what contributes to depression and anxiety, and other important health outcomes, to better support families and communities. Results from this study can be used to collaborate at the policy and legislative level to improve mental health care in *all* communities, including the American Indian community.

You and your child may be eligible if your **child is between 13-17 years**

Benefits:
You and your child may receive:

- Up to **$380 per family** ($190 for you and $190 for your child)
- Important **health information**, including height, weight, blood pressure, and inflammatory markers
- Information about your home/apartment/residence **water quality**, including testing for heavy metals, and your neighborhood's **air pollution**

What do I do?
Participation takes place **over 6 months**, including:

- 2 laboratory visits at the University of Denver (~2.5 hr each) : blood draw, interview, and surveys **(we can help provide transportation if needed)**
- Short nightly surveys for one week after lab visit (~5 min)
- 1 follow-up phone interview and survey (~1 hr)

Important information about our study:

- As mandated by law, we are required to report significant safety concerns--specifically, the risk of suicide or homicide, or the abuse of a child or elderly person--to appropriate authorities, which may include the police or child protective services
- We store any extra blood samples to ask more questions about stress and health in the future to understand families like yours
- Your information, including any genetic markers, is/are completely confidential, and is not "linked" to you

Interested?
Contact: Call/text (719) 924-5205
or email BEAMSlab@du.edu