Swim Meet Safety Plan 2021

Long Island Swimming Officials Association

November 2020



Return to Interscholastic Athletics 2021

Long Island Swimming Officials Association

Safety is Paramount

- Safety first for all – Swimmers, Coaches, Officials, Parents
- Adherence to all Federal, State, Local and Facility Regulations
- Adherence to all New York State Return to Interscholastic Athletics Guidelines
- Signage will be in place as per facility
  - Directions and Flow
  - Social Distance Reminders
  - Face Covering Reminders
- The Pool Decks will be Cleaned and Disinfected Prior to the Competition
- Schools/Facilities will be asked to take measures to increase the Fresh Air Flow in the Pool Area During the Competition

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GENERAL Safety Guidelines



- Social Distancing for All
  - On the Pool Deck
  - Team Seating Area – Social Distance Separation required
  - Spectator Area – 50% or less capacity, max 2 per athlete, 6 ft. distance separation between cohorts
- Face Coverings
  - Required for all on deck at all times except when swimming
  - Swimmers may remove face covering before the start of a race or warmup at the block
    - Swimmers are recommended to bring a “Zip-Lock” bag for their face covering when they are in the water
  - Required in spectator area and all common areas
  - NYS Guidelines will govern what is a face covering
  - If an official cannot tolerate a face covering while officiating, it is recommended they contact their local department of health for guidance.
- PPE
  - Hand sanitizer will be available
  - Have an extra face covering if yours breaks or is misplaced
  - Bring disinfectant wipes for frequently touched items

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LISOA Safety Guidelines

ARRIVAL AT THE SCHOOL/FACILITY



- **Health Screenings**
  - You may be required to submit to a temperature screening at entry
  - You may be asked for a photo ID.
- You must affirm that you have not travelled to a state that is on the NYS quarantine list in the last 14 days. If so, you must produce a negative Covid test within four days of return to the state.
  - Coaches and athletes also will be subject to the same screening

- **Please plan to arrive in your officiating uniform**

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LISOA Safety Guidelines
MEET PROCEDURES

- Social Distancing is required – limit conversations with coaches
- Everyone face masked throughout
  - Swimmers should take off their masks at the edge of the pool and place them in a plastic bag. When they exit the pool they must put their mask back on.
- Shaking Hands is not acceptable
- Have the coaches leave their dive sheets on the scorers table
- Ask the coaches to leave their swimming event entry cards on the scores table or pre-entered into the computer
- Only one captain and one coach per team at the captains/coaches meeting

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LISOA Safety Guidelines
Meet Operation



- Use the hand-held whistle provided by the association
- Athletes should not be closer to you than six feet
  - They will be sitting away from the pool on the deck, in the stands, or off the deck (in the gym, locker room, classroom, etc.)
  - Only the six (or 4 in a four lane pool) swimmers in each event should be on the deck, except for the relays. When they exit the deck, only then should the next group of swimmers approach the blocks.

Limit your time at the scorers table

Bring your own water, hydration

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LISOA Safety Guidelines

- If you encounter an unsafe situation that is not corrected, you can leave the pool.
- If you do not officiate because of safety, please document the situation for Sectional review.
- Please call LISOA President George Fleckenstein 631-335-4998 if you enter a pool that is not operating within New York State safety protocols.

If you contract Covid, assigned meets that you miss will not be charged. If you are required to quarantine during the season and will need to turn back assigned meets, contact association president Fleckenstein who will work with the Sections.

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