



Bystanders are always the first on the scene when a traumatic injury occurs. Time is crucial when waiting for first responders to arrive. A person who is bleeding can die from blood loss within a few minutes, so it's important to **"Stop the Bleed."**

"Stop the Bleed" is a nationwide campaign to empower individuals to act quickly and save lives. Health First trauma providers and the Brevard County Sheriff's Office have teamed up to offer hands-on courses teaching basic life-saving interventions such as using pressure, tourniquet application and hemostatic agents. Class includes a **free tourniquet for each participant.**

This two-hour course, **Bleeding Control for the Injured (B-Con)**, is designed for non-healthcare professionals. The classes are offered free of charge thanks to the generous support of the Health First Foundation, however, donations are being accepted to ensure the continuation of this life-saving training.

All classes are held at Health First Education and Training Center: 3470 N. Harbor City Blvd., Melbourne, FL 32935

Courses are held from 5:30 to 7:30 p.m. on the following Thursdays:

- September 8
- September 22
- October 13
- October 27
- November 10
- December 8

Register Now

Visit
HFsaves.org

Advance registration
is required and
space is limited.
For more information
or questions call
321.434.1972.

Health
First

Education & Training