

Mental Health Needs Assessment in Managing Perinatal Psychiatric Disorders

We invite you to an important research project to evaluate the gaps and mental health needs before, during, and after pregnancy.



WHY WE ARE EVALUATING

Untreated perinatal mental illness is associated with high-risk pregnancy and harmful outcomes threatening the well-being of the parent as well as the baby. Pregnant persons often do not receive adequate mental health care and mental health practitioners receive little or no training.

To address these training and knowledge gaps, it is important to understand the perspectives of providers who treat pregnant persons with mental health issues during and after pregnancy. The APA has been awarded a grant from CDC Foundation to conduct a needs assessment of these gaps.

WHAT'S INVOLVED?

As a first step, we want to conduct one survey and two focus groups with mental health providers who treat pregnant patients. We invite you to participate in the survey and the focus group.

More information is as follows:

- The focus group (2 hours) and the survey (25-45 minutes) will be conducted starting in September
- The focus group will be conducted virtually and will include up to 16 participants
- We seek 400 providers to participate in the survey
- Focus group participants will receive a \$450 honorarium after completing the 2-hour session
- Survey participants will receive a \$30 Amazon gift card upon completing the survey

To register, please visit: redcap.link/panpbhp_register

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Please write to Ms. Sejal Patel, project manager, at MaternalMH@psych.org for more information.