

# Our Unwavering Commitment to Mental Health

## The urgent need for research and real-world solutions:



**Approximately 1 in 5 adults** in the U.S. experience a serious mental illness in a given year.<sup>1</sup>



**About 5.4 million adults** may be living with treatment-resistant depression (TRD).<sup>2,3</sup>

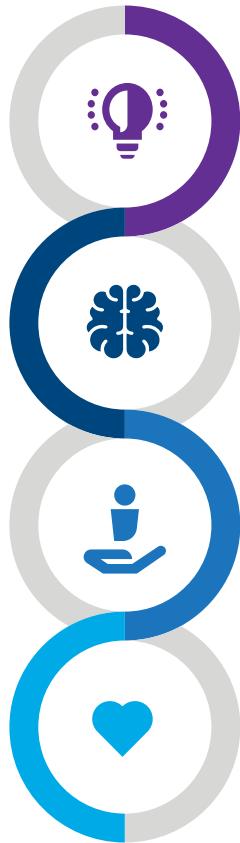


**Approximately 2.4 million U.S. adults** are living with schizophrenia.<sup>4</sup>



Serious mental illness **can cost America up to \$193.2 billion** in lost earnings per year.<sup>5</sup>

**Born from the legacy of our namesake, Dr. Paul Janssen, whose discoveries transformed the treatment and care for those with serious mental health illness, Janssen Neuroscience works to heal minds and restore hope for people living with serious brain disorders. We collaborate with doctors, caregivers, and people living with schizophrenia and other psychiatric and neurological disorders to improve health outcomes for those we serve and advance solutions that address critical needs.**



### Driving Scientific Innovation

- Dr. Paul Janssen led the discovery and development of **one of the first treatments for schizophrenia**, changing the treatment paradigm.
- One of our earliest **pharmaceutical innovations** enabled people with serious mental illness to be treated at home and in their communities rather than in psychiatric institutions.

### Committed to People with Mental Illness

- Partner with the **Dr. Guislain Museum** by providing financial and in-kind support for the annual Dr. Guislain **“Breaking the Chains of Stigma”** Award, honoring exceptional contributions in mental health.
- Made charitable contributions to **102 programs by 87 organizations** to support key programs focused on recovery, quality of life, early intervention, reduction of incarceration of the mentally ill, combating stigma, and advocacy.
- Introduced the **Champions of Science: The Art of Ending Stigma** project aimed at enhancing the conversation about eliminating stigma while calling out the importance of scientific insights about mental illnesses.

### Supporting Advocacy and Education

- Proud sponsor of **Stepping Up**, a national initiative to **reduce the number of people with mental illness** in jails.
- Built **new partnerships** to create an affordable, scalable, quality mental healthcare model in sub-Saharan Africa.<sup>5</sup>
- Founding sponsor of **Psych Hub’s** online library of evidence-based mental health videos that combine clinical research and storytelling to provide accessible mental health education.

### Caring for Our Employees

- Provide Johnson & Johnson employees and their families personalized support communities through the **Mental Health Diplomats**, who are committed to increasing awareness of mental health issues, removing the stigma around mental illness, and identifying and developing employee resources.
- Continue to support employees with **Employee Assistance Programs** which include counseling and work-life balancing, mental health first aid training, and more.

Learn more about these efforts at [Janssen.com/neuroscience](https://www.janssen.com/neuroscience)  
Follow us at [Twitter.com/JanssenUS](https://twitter.com/JanssenUS)

#### References

**1** National Alliance on Mental Illness. Mental health by the numbers. <https://www.nami.org/learn-more/mental-health-by-the-numbers>. Accessed April 11, 2019. **2** National Institute of Mental Health. Major depression. <https://www.nimh.nih.gov/health/statistics/major-depression.shtml>. Accessed April 11, 2019. **3** Rush AJ, et al. *Am J Psychiatry*. 2006;163(11):1905-1917.

**4** National Institutes of Health. NIMH Schizophrenia Fact Sheet. Updated in 2010. [https://report.nih.gov/nihfactsheets/Pdfs/Schizophrenia\(NIMH\).pdf](https://report.nih.gov/nihfactsheets/Pdfs/Schizophrenia(NIMH).pdf). Accessed April 11, 2019.

**5** Johnson & Johnson Press Release. Johnson & Johnson Announces Series of Collaborations Aimed at Transforming Mental Health Care in Low-Resource Settings, <https://www.jnj.com/johnson-johnson-announces-series-of-collaborations-aimed-at-transforming-mental-health-care-in-low-resource-settings>. Accessed April 11, 2019.