



# Proclamation

**WHEREAS**, mental health is essential to overall health and well-being; and  
**WHEREAS**, 1 in five Americans live with a mental health condition; and  
**WHEREAS**, more than 37% of individuals with a substance use disorder has a co-occurring mental illness; and  
**WHEREAS**, anyone experiencing times of difficulty and stress in their lives should be comfortable seeking help and support; and  
**WHEREAS**, prevention, early identification and intervention are critical in improving the health of Arizonans; and  
**WHEREAS**, with early and effective treatment and support, individuals with mental health conditions can and do recover and lead full, productive lives; and  
**WHEREAS**, each business, school, government agency, health care provider, organization, and citizen shares a responsibility for promoting mental wellness, combating stigma, and supporting prevention efforts; and  
**WHEREAS**, access to mental health and substance use treatments fosters resiliency and promotes recovery allowing individuals to live fulfilling lives

**NOW, THEREFORE**, I, Katie Hobbs, Governor of the State of Arizona, do hereby proclaim May 2023 as

## MENTAL HEALTH AWARENESS MONTH

as the Governor of Arizona, I also call upon all Arizonans to increase understanding of mental illness, to raise awareness of mental health and the steps we can take to protect mental health, and to promote the need for appropriate and accessible services for all people with mental and behavioral health conditions.



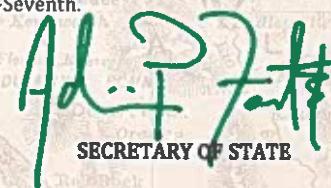
IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona



GOVERNOR

DONE at the Capitol in Phoenix on this twenty-eighth day of April in the year Two Thousand and Twenty-Three and of the Independence of the United States of America the Two Hundred and Forty-Seventh.

ATTEST:



SECRETARY OF STATE