



4K Family Learning Activities November

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Have your child name their favorite things to eat. Count how many they name.	Hide a favorite toy. Give your child clues about where to find it. Encourage them to ask questions.	Draw a picture of your family and write the name of each person.	How many teeth do you have? Count them!	Move small items into a container using fingers, tweezers, spoons, etc.	Choose a category (e.g. parts of the body) and have your child name examples.	Talk about feelings and invite your child to show them with his/hers face or body
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Look for objects around you that start with the letters of the alphabet (A B C)	Winter is coming. Practice zipping up or buttoning up your coat or sweater.	Go on a circle hunt. How many circles did you find?	How many eyes does your family have all together? Count them with your child.	Write the names of your family members.	It's World Kindness Day. What did you do today that was kind?	Look for things around you that start with the letter C. How many did you find?
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Look for as many brown things as you can find.	Play restaurant with your child. Let them write down your order.	Gather collections of items in your home. Group them in different ways, size, color, etc.	Sing the Alphabet song together. Can you do it: Loud, Soft, High, Low, Fast, Slow?	Make a card for a special person and deliver it or send it through the mail.	Sort family shoes by size.	Do simple exercises together: sit ups, jumping jacks, push-ups, running in place.
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
Talk about things that are easy to do, and things that are hard to do.	Make a book about the number four. Draw pictures of four items in each page.	Count all your toes. How many toes do you have in your whole family?	Practice counting with your child from 1-20.	Count the number of places you see stairs.	Go on a Triangle Hunt. How many triangles can you find?	Read or tell your child one of your favorite childhood stories.
Day 29	Day 30					
How many things can you find that are black?	Look for things that start with the letter D.					