

“Project Purse” is a charity campaign that started here in Ottawa in 2015 by Tanya O’Connor. She started “Project Purse” to help homeless women across the city. Last year **500** purses were donated to local women’s shelters.

This year’s donations will support St. Joe’s Women’s Centre.

Here’s how you can help:

1. Grab an old purse you don’t want anymore.
2. Fill it up (items listed below). The Dollar Store is a great place to pick up these items!
3. Invite your friends / family / colleagues / clients to donate a purse.

Suggested items to include in your purse:

- | | |
|---|--|
| <input type="checkbox"/> Sanitary napkins & tampons | <input type="checkbox"/> Tooth brush/tooth paste |
| <input type="checkbox"/> Kleenex purse pack | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Bottled water | <input type="checkbox"/> Socks |
| <input type="checkbox"/> Band-Aids | <input type="checkbox"/> Winter hat/mitts |
| <input type="checkbox"/> Comb/brush & hair elastics | <input type="checkbox"/> Towel & face cloth |
| <input type="checkbox"/> Bar of soap | <input type="checkbox"/> Shampoo and conditioner |
| <input type="checkbox"/> Granola Bars, Candy & Gum | |

Please ensure items are safe, sanitary, and *DO NOT CONTAIN ALCOHOL!* E.g. mouthwash often contains alcohol.

If you’d like to donate a purse(s) please drop it off at Beyond Yoga by **Saturday, November 25th.**

Thank you for your support!

