



MAY | 2017

St. Rose School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Patty Sandwich WG Bun Steamed Cauliflower Cucumber Slices with Ranch Apple Milk	2 Sloppy Joe WG Bun Roasted Yukon Potatoes Baby Carrots with Hummus Banana Milk	3 Chicken Fries Cheesy Potatoes Celery Sticks with Ranch Juice Box Milk	4 Walking Taco WG Doritos Lettuce, Tomato, Cheese Salsa and Sour Cream Refried Beans Orange Sections Milk	5 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
8 Meat Lasagna Roll Up Green Beans WG Breadstick Apple Fruitable Plus Milk	9 Beef Taco WG Tortilla Lettuce, Tomatoes, Cheese Salsa and Sour Cream Corn Banana Milk	10 French toast Sticks Turkey Sausage Links Cheesy Potatoes Baby Carrots with Ranch Orange Sections Syrup Milk	11 Shredded Chicken Sandwich WG Bun Baked Beans Cucumber Slices with Ranch Sidekick Milk	12 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
15 Corn Dog Cooked Carrots Fruitable Plus Apple Milk	16 Pepperoni Calzone California Blend Cucumbers with Ranch Banana Milk	17 Turkey ham, Egg and Cheese Biscuit Cubed hash Browns Tossed Salad FF Dressing Juice Box Milk	18 WG Beef, Bean, Cheese Burrito Salsa and Sour Cream Refried Beans Steamed Corn Sidekick Milk	19 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
22 Chicken Tenders WG Cheetos Celery Sticks with Ranch Fruitable Plus Pear Milk	23 Cheese Ravioli Roasted Seasonal Vegetable Cucumber Slices WG Breadstick Banana Milk	24 Popcorn Chicken Mashed Potatoes Cooked Carrots WG Roll Sidekick Milk	25 Chicken Walking Taco WG Doritos Lettuce, Tomatoes, Cheese Salsa and Sour Cream Refried Beans WG Goldfish Orange Sections Milk	26 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
29 No School	30 Summer Break	31 Summer Break		

Lunch Times

11:30am- 12:00pm

12:05pm- 12:35pm

Meat/Alternate

Grades k-5 8 oz. Weekly

Minimum 1oz per day

Grades 6-8, 9 oz. weekly

Minimum 1oz per day

Grades 9-12 10 oz. weekly

Grain/Bread

Grades k-5 8 oz. weekly

Minimum 1oz per day

Grades 6-8 8 oz. weekly

Minimum 1oz per day

Grades 9-12 10 oz. weekly

Minimum 2oz per day

Fruit

Grades k-8 ½ cup Daily and 2 ½ cups weekly

Vegetable

Grades k-8, ¾ cup Daily and 3 ¾ cups weekly

Grades 9-12, 1 cup daily and 5 cups weekly

Milk

1 cup 1% or Fat Free