

t Rose School Lunch

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MOR	Cheese Bread Sticks Marinara Cup Buttered Corn Pear Milk	Chicken Tenders Steamed Cauliflower Tossed Salad FF Dressing Pear Milk	Chicken Nuggets Cooked Carrots WG Roll Apple Sauce Milk	Lasagna Roll up Green Beans WG Breadstick Apple Milk	Corn Dog Cooked Carrots Tossed Salad FF Dressing Juice Box Milk
MONDAY	eese Bread Sti Marinara Cup Buttered Corn Pear Milk	hicken Tender amed Cauliflor Tossed Salad FF Dressing Pear Milk	Chicken Nuggets Cooked Carrots WG Roll Apple Sauce Milk	-asagna Roll up Green Beans WG Breadstick Apple Milk	Corn Dog booked Carrot Tossed Salad FF Dressing Juice Box Milk
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-4	Baked Stean C C	Egg, Sausage and Cheese WG English Muffin Cubed Hash browns Banana Milk	Mast Cucur	Salsa Salsa R	30 Pepperoni Calzone California Blend Banana Milk
TUESDAY	Baked Potato with butter Steamed Broccoli with Cheese sauce Yogurt Cup String Cheese WG Biscuit Banana Milk	g, Sausage and Chec WG English Muffin Cubed Hash browns Banana Milk	Sloppy Joe WG Bun Mashed Potato Bites Cucumbers with Ranch Banana Milk	Cheese Quesadilla Salsa and Sour Cream Refried Beans Corn Banana Milk	epperoni Calzon California Blend Banana Milk
YAC	with bu ccoli w sauce Sauce Cup neese cuit	and Che Muffin brown	Joe un ato Bite ith Ran	esadilla ur Crea Jeans	alzone Blend a
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	SBuff Bat	Ba 5	17 _{Ch}	24 _E	ر ا
WEDNESDAY	Buffalo Chicken Sandwich Baby Carrots with Ranch Baked Beans Apple Sauce Milk	Salisbury Steak Mashed Potato Bites Baby Carrots with Ranch Strawberries Milk	licken P W Chees lery Sti	BBQ Chicken Breast WG Corn Bread Broccoli Cucumber Slices with Ra Sidekick Milk	Cheese Omelet Biscuit Biscuit Cubed hash Browns Broccoli Apple Milk
NESC	o Chicken Sar Carrots with F Baked Beans Apple Sauce Milk	Salisbury Steak shed Potato Bite Carrots with Ra Strawberries Milk	cken Patty Sandv WG Bun Cheesy Potatoes ery Sticks with Ra Juice Box Milk	WG Chicken Bread WG Corn Bread Broccoli nber Sices with Sidekick Milk	Cheese Omelet Biscuit Biscuit Joed hash Brow Broccoli Apple Milk
ЭАҮ	Buffalo Chicken Sandwich Baby Carrots with Ranch Baked Beans Apple Sauce Milk	eak Bites Ranch s	Thicken Patty Sandwich WG Bun Cheesy Potatoes Celery Sticks with Ranch Juice Box Milk	BBQ Chicken Breast WG Corm Bread Broccoli Cucumber Slices with Ranch Sidekick Milk	et
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	Celen		Lettu Sals	S 25	
THURSDAY	Meatball Sub American Cheese Potato Wedges Celery Sticks with Ranch Orange Sections Milk	Cheeseburger WG Bun Baked Beans Juice For U Orange Sections Milk	Walking Taco WG Doritos Lettuce, Tomato, Cheese Salsa and Sour Cream Refried Beans Pear Milk	Hot Dog WG Bun French Fries Ketchup Steamed Carrots Pear Milk	
SDA	all Sub 1 Chees Wedges 5 with R Section	Cheeseburgei WG Bun Baked Beans Juice For U Vrange Section Milk	Walking Taco WG Doritos ce, Tomato, Ch a and Sour Cr Refried Beans Pear Milk	Dog Bun Fries hup Carrot	
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	un	12	19	N 6	
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FRIDAY	Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk	Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk	Pizza Tossed Salad Grape Tomatoes FF Dressing Sliced Peaches WG Cookie Milk	Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk	
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This Institution is an Equal Opportunity Provider

<u>Lunch Times</u> 11:30am – 12:00pm 12:05pm - 12:35pm

Grades k-8 ½ cup Daily and 2 ½ Fruit Grades 9-12 10 oz. weekly Minimum 1oz per day Grades 6-8 8 oz. weekly Grades k-5 8 oz. weekly Grades 9-12 10 oz. weekly Minimum 1oz per day Grades 6-8, 9 oz. weekly Minimum 1oz per day Meat/Alternate Grades k-5 8 oz. Weekly Minimum 2oz per day Grain/Bread Minimum 1oz per day

Vegetable cups weekly Grades 9-12, 1 cup daily and 5 cups Grades k-8, % cup Daily and 3 %

weekly

1 cup 1% or Fat Free