



# MARCH | 2018

## St Rose School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Beef Taco WG Tortilla Lettuce, Tomato Cheese Salsa and Sour Cream Refried Beans Pear Milk	2 Pizza Tossed Salad Grape Tomatoes FF Dressing Strawberry Cup WG Cookie Milk
5 Cheese Bread sticks Marinara Cup Buttered Corn Fruitable Plus Pear Milk	6 BBQ Baked Chicken Mac N Cheese Baked Beans WG Corn Bread Celery Sticks FF Ranch Banana Milk	7 Buffalo Chicken Sandwich Baby Carrots with Ranch Green peas Strawberry cup Milk	8 Meatball Sub American Cheese Potato Wedges Steamed Broccoli Sliced Peaches Milk	9 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
12 Chicken Tenders Steamed Cauliflower Tossed Salad FF Dressing WG Graham Crackers Pear Milk	13 Egg, Sausage and Cheese WG English Muffin Cubed Hash browns Fruitable Plus Banana Milk	14 Turkey and cheese Sub Baked Potato with butter Steamed Broccoli with Cheese sauce Strawberry Cup Milk	15 Cheeseburger WG Bun Baked Beans Steamed Carrots Orange Sections Milk	16 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
19 Chicken Patty Sandwich WG Bun Steamed Cauliflower Baby Carrots with Hummus Apple Sauce Milk	20 Sloppy Joe WG Bun Smile Potatoes Cucumbers with Ranch Banana Milk	21 BBQ Chicken Wrap Cheesy Potatoes Celery Sticks with Ranch WG Corn Bread Juice Box Milk	22 Walking Taco WG Doritos Lettuce, Tomato, Cheese Salsa and Sour Cream Refried Beans Pear Milk	23 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
26 No School	27 No School	28 No School	29 No School	30 No School

### Lunch Times

**11:30am- 12:00pm**

**12:05pm- 12:35pm**

### Meat/Alternate

**Grades k-5 8 oz. Weekly**

**Minimum 1oz per day**

**Grades 6-8, 9 oz. weekly**

**Minimum 1oz per day**

**Grades 9-12 10 oz. weekly**

### Grain/Bread

**Grades k-5 8 oz. weekly**

**Minimum 1oz per day**

**Grades 6-8 8 oz. weekly**

**Minimum 1oz per day**

**Grades 9-12 10 oz. weekly**

**Minimum 2oz per day**

### Fruit

**Grades k-8 ½ cup Daily and 2 ½**

**cups weekly**

### Vegetable

**Grades k-8, ¾ cup Daily and 3 ¾**

**cups weekly**

**Grades 9-12, 1 cup daily and 5**

**cups weekly**

### Milk

**1 cup 1% or Fat Free**