



## FUNDAMENTALS CLINIC:

for players with less than 2 years of lacrosse experience

**4 WEEKS: Thursdays, Feb 8 - March 1 7:00-8:30 pm**  
**@ Soccer Centre Dome - 9300 Bass Pro Blvd 43551**

- \* A focus on foundational skills that are the building blocks of a strong and successful lacrosse game.
- \* Coached by Ken Ledyard and Mike Gibbs

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## ADVANCED CLINIC:

for players with 2 years or more of lacrosse experience

**4 WEEKS: Tuesdays, Feb 6 - Feb 27 7:00-9:00 pm**  
**@ Soccer Centre Dome - 9300 Bass Pro Blvd 43551**

- \* Each week includes 1 hour Speed & Agility training w/ Lindsay Dwornik of Game Changing Fitness and Lourdes College Women's LAX coach, Alyssa Shaver
- 1 hour of skills & development w/ Perrysburg High School Women's LAX coach, Sierra Waggoner

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**Register online at**  
**<http://www.perrysburgyouthlacrosse.com>**

Not sure which to register for? Contact

Damon Gorcz 419-464-1747

or Matt Sutter 419-266-7095