

APRIL | 2024

SAINT ROSE SCHOOL LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|---|--|---|---|
| 1 No School | 2 No School | 3 No School | 4 No School | 5 No School |
| 8 No School | 9 Queso Pull Apart Peas Fresh Broccoli Applesauce Milk | 10 Cheeseburger Mixed Vegetables Cauliflower Florets Banana Milk | 11 Meatball Sub Green Beans Marinara Cup Sidekick Milk | 12 Pizza Romaine Grape Tomatoes Apple Cookie Milk |
| 15 Meatloaf Sandwich WG Bun Steamed Carrots Fruitables Diced Pears Milk | 16 PB & J Uncrustable Steamed Edamame Cheesy Potatoes Fruit Cup Milk | 17 Crispy Chicken Sandwich WG Bun Steamed Corn Baby Carrots Banana | 18 Turkey Sausage Egg and Cheese Wrap String Cheese Mixed Vegetables Celery Sticks Applesauce Milk | 19 Pizza Romaine Grape Tomatoes Apple Cookie Milk |
| 22 Salisbury Steak WG Bun Steamed Peas Carrot Coins Pear Milk | 23 Walking Taco Refried Beans Salsa & Cheese Applesauce Milk | 24 Hot Dog with Bun Wedge Potatoes Fruitables Banana Milk | 25 Grilled Chicken Breast WG Bun Green Beans Broccoli Florets Fruit Cup Milk | 26 Pizza Romaine Grape Tomatoes Apple Cookie Milk |
| 29 Cheese Pull Apart Steamed Corn Marinara Cup Diced Pears Milk | 30 Beef Taco Stick Salsa Cup Refried Beans Apple Milk | 1 WG Pepperoni Calzone Steamed Carrots Broccoli Florets Banana Milk | 2 Breakfast Uncrustable Cheesy potatoes Fruitables String Cheese & Goldfish Applesauce Milk | 3 Pizza Romaine Grape Tomatoes Apple Cookie Milk |

News

****Please note that items may be substituted due to availability****

Meat/Alternate

Grades K-5 - 1oz per day/ 8 oz. per week

Grades 6-8 - 1oz per day/ 9 oz. per week

Grades 9-12 - 2 oz. per day/ 10 oz. per week

Grain/Bread

Grades K-5 - 1oz per day/ 8 oz. per week

Grades 6-8 - 1oz per day/ 8 oz. per week

Grades 9-12 - 2oz per day/ 10 oz. per week

Fruit

Grade K-8 - ½ cup per day/ 2 ½ cups per week

Grades 9-12 - 1 cup per day/ 5 cups per week

Vegetable

Grades K-8 - ¾ cup per day/ 3 ¾ cups per week

Grades 9-12 - 1 cup per day/ 5 cups per week

Milk

1 cup 1% or Fat Free

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