



## Fall 2018 Enrichment Programs

September 10<sup>th</sup> - October 19<sup>th</sup>

**Creative Movement:** Where a love of dance begins; these classes use song, rhythm & creative game to introduce the dance basics of ballet, tap & tumbling. Young dancers will explore special awareness and build social skills with nurturing, educated instructors.

**Prek & Kindergarten Readiness:** Mondays: 3:30pm - 4:30pm, Cafeteria

**Pottery:** This pottery class will give students a chance to show their creativity while gaining new pottery skills.  
**K-4: Tuesdays, 3:30pm- 4:30pm, Art Room**

**Cake Decorating:** Students will learn how to make fondant, create shapes and objects including Fall specific designs that can be used for cake and other pastry decorating perfect for the harvest season.

**Grades 4-8<sup>th</sup>, Mondays, 3:30pm- 4:30pm, Kitchen**

**Karate:** This beginner-level karate class will introduce students to the traditional Japanese martial art of "Okinawan Shuri-Ryu Karate". Training will enhance your physical fitness, self-confidence, focus and discipline. Students will learn karate and essential self-defense techniques in a fun, safe atmosphere with a qualified instructor, Sens3i Amanda Kaufmann. There will be a review of material and promotion ceremony at the last class that families are invited and encouraged to attend! **(Uniforms are required for this class and are offered at a discounted rate for our Saint Rose Students: \$25 which includes: the top, bottom, white belt, promotion for last day of class)**

**K-2: Tuesdays 3:30pm-4:30 pm, Cafeteria**

**Soccer Shots Classic:** Kick into gear through this early-childhood development program focusing on character development. Come for the fun and basics of soccer while also learning skills that will help students grow as individuals. Bring comfortable clothes, gym shoes, water bottle and lots of energy! Get ready to run, kick and grow through this innovative program!

**Prek & Kindergarten Readiness:** Wednesdays: 3:30pm - 4:15pm, Playground (Cafeteria rain location)

**Ballet/Jazz:** A combination ballet and jazz classes focus on both genres of dance. Ballet educates dancers on their own bodies and builds an understand and respect for ballet technique which prepares students for studies in other forms of dance as well as builds strength and balance for enhanced performance in sports. Jazz technique and conditioning exercises established by the American Jazz curriculum includes jumping, turning and stylized choreography in this fast paced, high energy class.

**K-2: Wednesdays 3:30pm- 4:30pm, Cafeteria/Mrs. Arthur's**

**Fused Glass:** These students will have a blast, while receiving step-by-step instruction on kiln-fused glass.  
**Grades 3-6: Tuesdays 3:30pm-4:30pm, Art room**

Classes are 6-once a week class and registration is first come, first serve. Each class is a one-time fee of \$80. **Register by Friday, September 7<sup>th</sup>, 2018 at <https://saintrosepb.wufoo.com/forms/fall-enrichment-2018/>.** Please contact the Extended Day and Enrichment Director, Annie Arthur, [arthur@saintroseonline.org](mailto:arthur@saintroseonline.org) for questions. Thank you!

**Want a certificate to present to your child? Simply check the box on the registration form and we'll send you one!**