

Technology and Internet Safety

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About Me:

- District Parent
- 20th Year in Education
- 14th Year as Cienega Counselor
- Crisis and Behavior Counselor
- Loves Social Media



What will we cover?

- How has technology evolved?
- What apps are our kids using?
- How can we support our kids in a changing digital society?
- Resources for keeping our kids safe

Introduction Activity

Ask yourself the following questions.

- What was the way you listen to music when you were a youth?
- What was the way that you communicated with your peers as a teen?
- What was “the thing” tech wise that your parents said you spent too much time doing?

Technology has always been

THE SAME

- We all overused something
- Our parents struggled to set limits
- Kids have always been much more savvy about new technology


BUT DIFFERENT

- We didn't have 24 hour access
- We struggle to find ways to limit
- We find it more difficult to keep up and don't know where to look to find help

Question 1

Originally designed for college students, it was created in 2004. By 2006, anyone over the age of 13 with a valid email address could join. Today, it is the world's largest social network, with more than 1 billion users worldwide. Dubbed by the younger generation as the old person social media. Most users today are 35 or older.

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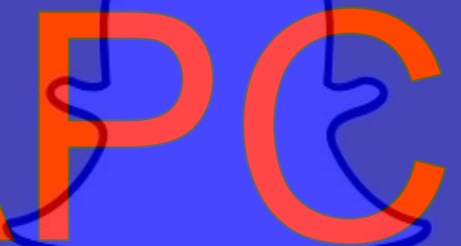
A large, semi-transparent blue lowercase letter 'f' is centered in the background, serving as a logo for Facebook.

FA**C**E**B**O**O****K**

Question 2

□ App built around telling your story with pictures it allows you to send photos, develop picture stories over 24 hour period, message and send money from your bank account to repay debts or split checks

SNAPCHAT

The image features the word "SNAPCHAT" in a bold, orange, sans-serif font. A blue outline of the Snapchat ghost logo is superimposed over the letters "P" and "C". The background is a solid blue color, with a yellow horizontal bar at the bottom and a white horizontal line near the top left.

Using Snapchat the application, users can take photos, record videos, add text and drawings, and send them to a controlled list of recipients

- Referred to as the Sexting App. However research shows this is less common than originally feared
- Photos and messages are shown only for 1 to 10 seconds...however can be saved.
- Most common used app by teens. Usually by means of MY STORY

Question 3

- Free app that lets you connect with people, express yourself and discover more about everything!
- Get breaking news
- Go behind scenes at exclusive events
- Express yourself with text, photos, emoji, emoticons, video, GIFs and more.
- Share with other apps and link to other sites

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TWITTER

Question 4

□ A microblogging platform and social networking website founded by David Karp and owned by Yahoo. The service allows users to post multimedia and other content to a short-form blog

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TUMBLR

Users can follow other users' blogs, as well as make their blogs private. Much of the website's features are accessed from the "dashboard" interface, where the option to post content and posts of followed blogs appear.

Tumblr is one of the most unmonitored social media sites, making it also one that has a high amount of inappropriate content.

Question 5

A fun and quirky way to share your life with friends through a series of pictures. Snap a photo with your mobile phone, then choose a filter to transform the image into a memory to keep around forever or share with other followers.

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INSTAGRAM



Other Apps to Look Out For:

- Audio Manager, Vaulty, and Calculator%:

These apps look like something they're not and are used to hide secret pictures and other content.

- Line, Kik, WhatsApp:

Somewhat anonymous texting apps where users can exchange text, photos, and videos

- Omegle:

Chatting with random strangers

Question 6:

According to a 2017 study, what percentage of teens have a smartphone?

75% BUT HIGHER IN VAIL

Protection Approaches

- Be aware of your family's digital activities
- Parental Controls
- Cell phone carrier parental controls
- Contracts
- Education

Awareness of Family's Digital Activities

- Your child's privacy is important but their safety is more important
- Check their friend/ buddy lists

Are they appropriate friends?

Does your child know each of their "friends" in real life?

- Who are they emailing, calling, texting, messaging?

Education

- Open honest and ongoing communication is always best
- New apps and risks come around every week
- The only solution that works in every situation is staying informed
- Teach your family what the dangers are, how to avoid them, and what to do when they come accross something suspicious
- Discuss possible legal consequences

What do they think?

Ask what their thoughts are about issues before you tell them yours

Have them be the experts and teach you

Ask them about consequences before you have to..... Buy them into the safety process

Communicate when you can and when they are ready

Teaching Integrity is difficult but the pay off is in the end

Resources:

Information on Internet Safety and creating your family contract for online safety

<http://puresight.com/Useful-tools/family-online-safety-contract.html>

Talking to Your Kids About Internet Safety

http://dotcomplicated.co/content/2013/06/25/internet_safety/

<https://www.consumer.ftc.gov/articles/0006-talk-your-kids>

Your Students Counselor can help.