

The seal of the FBI National Academy is centered in the background. It features an eagle with wings spread, perched on a shield with red and white stripes. The shield is set against a blue background with a white star. The words "KNOWLEDGE COURAGE INTEGRITY" are written in a circular path around the eagle. Above the eagle, the letters "NA" are displayed in a blue banner. The outer ring of the seal contains the text "FBI NATIONAL ACADEMY".

**Officer Resiliency, Safety & Wellness
Leadership Forum**

PROGRAM AGENDA

March 7 & 8, 2019

**Guaranteed Rate Field's
Conference & Learning Center**

PROGRAM AGENDA—DAY #1

March 7, 2019

TIME	EVENT	SPEAKER
7:30—8:30 am	Coffee	
8:30—9:00 am	Welcome & Opening Remarks	
9:00—10:30 am	<i>Law Enforcement Mental Health and Wellness Act of 2017</i>	Deborah Spence Sean Smoot
10:30—10:45 am	Break/Networking	
10:45 am—12:15 pm	<i>The Physiology of Emotion and Resilience</i>	Rollin McCarty, Ph.D.
12:15—1:30 pm	Lunch	
1:30 —2:45 pm	<i>Below 100</i>	Roy Bethge Kim Schlau
2:45—3:15 pm	Break/Networking	
3:15—4:30 pm	<i>The Role of Blue Courage in Health and Wellness</i>	Michael Nila
4:30—4:45 pm	Day #1 Wrap-Up	

PROGRAM AGENDA—DAY #2

March 8, 2019

TIME	EVENT	SPEAKER
7:00—8:00 am	Coffee	
8:00—8:15 am	Welcome & Opening Remarks	
8:15—10:00 am	<i>Building the Resilient Brain: The New Officer Survival Guide</i>	Michael Genovese, MD
10:00—10:15 am	Break/Networking	
10:15—11:15 am	<i>Destination Zero</i>	Desiree Luongo
11:15 am—12:15 pm	<i>Rebuilding the Tactical Athlete to Enhance Longevity</i>	E.J. O'Malley
12:15 pm	Leadership Forum Wrap-Up	
12:30 pm	Depart	

This Leadership Forum was brought to you through collaboration between two leading organizations dedicated to Law Enforcement and Officer Resiliency, Safety & Wellness.

