



Vegan Bean & Corn Dip

Got a last-minute party invitation and need a quick and easy dish to bring along? Foraged & Found has you covered! This vegan dip made with pantry staples features superfood-fortified Smoky Salsa Verde, chock full of delicious wild Alaskan bullwhip kelp, tomatillos, garlic and lots more to make your summer cookout contribution a star!

Ingredients

1 jar Foraged & Found Smoky Salsa Verde

1 ½ c. corn

1 - 14 oz. can black beans, rinsed and drained

1 - 14 oz. can chickpeas, rinsed, drained and with skins removed

¼ c. cilantro, finely chopped

½ c. green onions minced, both white and green parts

1 Poblano or pasilla pepper, seeded and minced

1 tsp. Kosher salt

Mix all ingredients together, cover, and chill for at least 1 hour. Enjoy!