



★ The Episcopal Diocese of Texas

# RECOVERY RETREAT 2023

MEET OUR GUEST:  
ERIN JEAN WARDE



The Rev. Erin Jean Warde is a spiritual director, recovery coach, writer, priest, and speaker.

"SOBER SPIRITUALITY  
DECLARES WE ARE ALL  
WORTHY OF AN  
ABUNDANT AND JOYFUL  
LIFE IN MIND, BODY, AND  
SOUL."

Erin Jean Warde hails from the Deepest South, Alabama, with the accent to prove it. From an early age, she found herself both lost in words, and foraging a way through them through writing. At the young age of 10, she knew she wanted to write a book, so the identity of writer feels almost as close to her as the identity of human, woman, created.

Her first book –

*Sober Spirituality: The Joy of a Mindful Relationship with Alcohol* – will be available to purchase at the retreat and is available to order beforehand at <https://a.co/d/cc4aofe>.

Erin offers a course, Discerning Sobriety, which helps participants bring spiritual practices and mindfulness into their relationship with alcohol. You can explore her offerings around coaching, spiritual direction, and more at [erinjeanwarde.com](http://erinjeanwarde.com).

You can also explore her Substack, *Gather the Inklings*, which includes weekly posts and a community. In her free time, you can find her watching comedy, thrift or vintage shopping, making new friends, and hanging out with her cats.

*Join us for this year's Recovery Retreat!*

Enjoy some time away in the beautiful East Texas Pines with activities for renewal, space for fellowship, and insightful teachings.

Open to members of all 12 Step Fellowships and their Family and Friends of Recovery.

**DECEMBER 1-3**

Camp Allen Retreat Center  
18800 FM 362 Navasota, TX 77868  
All-inclusive Hotel and Conference Center

**Double Room \$185 per person**  
(Double Room to accommodate more people)

Includes: All meals Friday dinner through Sunday lunch, hotel lodging, retreat activities, and workshops.

REGISTER ONLINE [CAMPALLEN.ORG](http://CAMPALLEN.ORG)

## SCHEDULE AND PROGRAM HIGHLIGHTS

### FRIDAY, DECEMBER 1

4:00-6:00 Registration - checking in at Camp Allen  
6:00-7:00 Dinner  
7:00-8:00 Open Twelve Step Meeting  
8:00-9:30 Social Hour with Refreshments  
9:30-10:00 Prayer / Meditation

### SATURDAY, DECEMBER 2

8:00-8:45 Breakfast  
9:00-9:50 Session 1 with Erin - "Alcohol and Trauma"  
10:00-10:50 Yoga  
11:00-11:50 Session 2 with Erin - "Yet Another Day One"  
12:00-12:50 Lunch  
1:00-4:00 Optional Activities (hiking, meditation, etc.)  
4:00-4:50 Session 3 with Erin - "Sobriety as Incarnation and Resurrection"  
5:00-5:50 Alanon Meeting  
6:00-6:50 Dinner  
7:00-8:00 Open Twelve Step Meeting  
8:00-9:30 Social Hour with Refreshments & Entertainment

### SUNDAY, DECEMBER 3

8:00-8:45 Breakfast  
9:00-10:00 "Carry This Message" - A Step 12 Meeting  
10:00-11:00 Twelve-Step Recovery Eucharist  
11:30-12:30 Lunch and Departure

### CANCELLATION FEES

Cancellation more than 48 hours before the conference may be charged a 25% cancellation fee. Cancellation within 48 hours of the conference will incur the full conference charge. In both cases, if there is a waiting list, we will do our best to fill the reservation from the waiting list to avoid fees.

Contact Brad Sullivan with questions - [EDOT.Recovery@gmail.com](mailto:EDOT.Recovery@gmail.com)

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