

FROM THE DESK OF PAMELA MATTEL

Dear, CBC Network & Partners—

What matters most to clients matters most to all of us.

“So far I’ve managed to still stick through therapy and I made a year with no hospitalization. I discovered I love boats so I’m working the ferry and will work my way up to a captain in two years. I have gone on a date and am even moving into my own apartment”—Pathway Home™ testimonial

Stories like this one should be our North Star for value-based care. Value-based care and health equity do not occur through structured planning alone and CBC is poised to act. We’ve invested in transforming community care at the individual, family, community, and system level and recognize that qualitative, equitable whole health care must identify and offer workable solutions.

These strength-based solutions were clearly articulated at the recent IPA Network Quarterly Meeting, in which provider members underscored the value of collaboration within and between agencies. We heard how boundaries are being pushed to incorporate more whole health approaches, consumer’s experiences and voices are being valued, and data are being used to drive quality.

The NYS 1115 Medicaid Waiver, at its best, builds opportunities for behavioral health and human services to rightfully participate. However, there remains concern that innovation and financial support will travel a more historically familiar path. CBC collaborated with all statewide Behavioral Health Care Collaboratives (BHCCs) to submit a detailed response as essential advocacy during the public comment period. Key requests include raising the value of BHCCs, greater data transparency and access, enhanced regulatory relief, and for at least one-third of the workforce investment dollars to prioritize the development of a broad array of clinical, technological, and innovative tools that support current and incoming behavioral health workforce to deliver care in this new paradigm.

The new BHCC award is purposefully designed for CBC to develop a value-based approach that meets performance measures. We are pulling key data for analysis, and then working with a few agencies to pilot interventions. [HealthFirst](#) has agreed to work with us to reduce unnecessary emergency room visits and improve thirty-day follow-up. Their investment in our VBP capabilities is invaluable. Our goal is to design sustainable visible metrics, actionable insights, accountability, real-time performance feedback, performance recognition, and data-informed strategic decision making.

Sincerely,
Pamela Mattel

