

## NETWORK CAPACITY & COHESION

### SPRING IPA NETWORK MEETING REINFORCES COLLECTIVE VALUE, INNOVATION AND IMPACT

The CBC IPA convened for its first network meeting under CBC President & CEO Pamela Mattel on April 21<sup>st</sup>, implementing break-out rooms in which agency representatives shared their views on respective flagship programs, as well as anecdotal reflections on CBC's collective value and potential as a network.

Taken in sum, group feedback painted a diverse and holistic picture of behavioral health services available to New Yorkers across the CBC IPA. Relative agency programmatic strengths are presented below.

#### Addressing The Opioid Crisis

- [ACMH](#) has partnered with NYS OMH on a new pilot program connecting a substance use clinic to providers in Harlem.
- [CSEDNY](#) has an outpatient detox program that uses telehealth and ensures same/next day appointments.
- [Samaritan Daytop Village](#) employs a harm reduction philosophy for all staff, invests in Narcan training, has integrated outpatient programs and an embedded Opioid Treatment Program (OTP).

#### Behavioral Health Equity

- [CASES](#) operates the only Forensic ACT program in NYC via its Nathaniel project.
- [The Family Center](#) supplements its social services with legal aid for clients.

#### Care Transitions

- [Catholic Charities Neighborhood Services](#) utilizes Pathway Home™ Critical Time Intervention model to foster effective transitional care for its service recipients, and this ethos is reflected in the organization's collaborative spirit across all lines of business.

#### Children & Young Adult Services

- [Association to Benefit Children](#) specializes in early intervention and has trained staff on mental health issues at each developmental stage.
- [HeartShare St. Vincent's](#) employs licensed clinical art therapists at its Article 29i facility to allow those in foster care to express themselves in creative ways.
- [JCCA](#)'s newly awarded Youth ACT teams are now up and running.

#### Consulting People with Lived Experience:

- [Bridging Access to Care](#) builds and maintains all physical spaces through a trauma-informed lens that is informed by the lived experiences of its service recipients.
- [Federation of Organizations](#) conducts a popular Peer Outreach w/Evening Recreation (POWER) program.
- [Services For the UnderServed](#) values its harm reduction program and peers, employing a Continuous Quality Improvement process via annual consumer surveys and consumer advisory board to ensure its services are meeting clients where they are.

#### Other Behavioral & Social Determinants of Health Services

- [Hudson Guild](#)'s community and intergenerational family work includes art programs with galleries in NYC Housing Authority residences, annual plays at theatres and podcast productions that strive to reduce stigma.
- [Postgraduate Center for Mental Health](#)'s highlighted their interdisciplinary traveling wellness team and the new NYC Department of Health-funded pilot "Connect" program that appends case management services to improve retention at existing OMH clinics in the Bronx.
- [Vibrant Emotional Health](#) has operated a vital and successful National Suicide Prevention Hotline for many years and are at the vanguard of the 9-8-8 rollout here in New York.
- [VNS Health](#) operates Intensive Mobile Treatment teams with small caseloads and high flexibility relative to ACT via its Parachute program.

Agencies on the call perceive an opportunity for CBC to forge stronger connections with public sector institutions from hospital systems to the justice-involved. The next CBC IPA Network meeting will occur on July 21<sup>st</sup>. Invites will be routed shortly to agency representatives.

## BHN PUBLISHES CBC STUDY ON ESSENTIAL ROLE OF BH WORKFORCE IN PUBLIC HEALTH EMERGENCY

The Spring issue of [Behavioral Health News](#) also includes a research article authored by CBC and experts from its Covid-19 Town Hall series that assesses the behavioral health workforce's awareness of and beliefs about the novel coronavirus.

"Knowledge, Attitudes, and Practices Related to Prevention of COVID-19 Among New York State Behavioral Health Employees" findings have implications for this specific workforce's potential as a line of first defense to stem the tide of communicable diseases. Studies show behavioral health service recipients have a high rate of confidence and trust in their service providers, who also frequently are their primary connections to healthcare. The article's survey results demonstrate behavioral health professionals' utility as an accessible source of timely and accurate information during public health emergencies.

Read the published study [here](#).

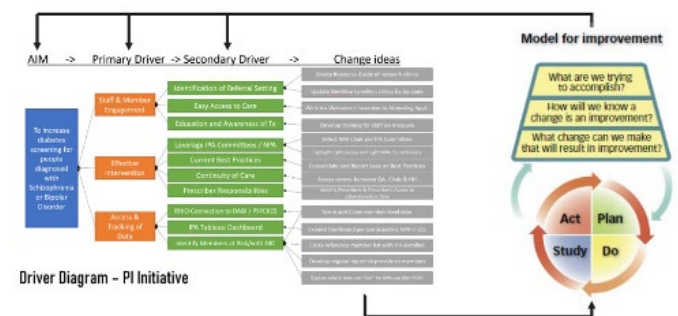
## CPT LEARNING COMMUNITY VIA CBC TI

The CBC Training Institute (TI) has partnered with [Coordinated Behavioral Health Services IPA](#) and [The Gavin Farrell Foundation](#) to develop a fully funded Learning Community on Cognitive Processing Therapy (CPT) to member agencies of both IPAs. CPT is an evidence-based treatment for Post-Traumatic Stress Disorder (PTSD).

In May, the CBC TI held an information session to learn more about this opportunity to expand PTSD services capacity to clients. Stream the Info Session on-demand [here](#).

## IMPLEMENTING QI METHODS ACROSS THE NETWORK: CQIC UPDATE

On April 7<sup>th</sup>, the CBC's Continuous Quality Improvement Committee (CQIC) convened to discuss the results of its most recent session to identify existing provider resources, barriers to closing gaps in care and opportunities where CBC can support the network. Breakout sessions were convened to discuss drivers and change ideas to test for improved outcomes on diabetes screening for people diagnosed with schizophrenia or bipolar disorder and taking antipsychotic medications (SSD) using a "driver diagram" as a QI tool, as below.



The next CQIC is set for June 9<sup>th</sup> and will summarize change ideas for next steps.



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## DABI SUITE: EXPANDING CAPACITY TO IMPROVE CARE THROUGH PATIENT ROSTERS

The enhanced FMAP Funding for NYS BHCCs, released in April 2002, includes performance measures that require data analytics capability. The DABI suite offers a considerable advantage to track metrics. Over the coming months, we look forward to delivering insights and reports to the network. These specific

reports initially focus on meeting the BHCC target metrics but will offer far more insights to the CBC Network.

## SOLUTIONS FOR CBC IPA MEMBER AGENCIES

Take advantage of the negotiating power of the full CBC network to secure high-quality telehealth, EHR and learning management system solutions at a lower cost. Contact IMSNY Chief Operating Officer [Mathew Smith](#) for more information.

## COMPLIANCE UPDATE: CBC AT NATIONAL HIPAA SUMMIT

In March, CBC Compliance Officer Tracie Jones attended the Virtual 31<sup>st</sup> [National HIPAA Summit](#). The four-day conference assembled experts from across the country to discuss advancements in policy rules, law and practice related to Health Insurance Portability & Accountability Act (HIPAA) privacy and security. This second dispatch focuses on notable achievements in 2021 that will impact current and future state of **HIPAA Security** as indicated below.

1. **The HIPAA Safe Harbor Bill (HR 7898) of 2021 amends the HITECH Act to require Health and Human Services (HHS) to [incentivize best practice security](#).**

This legislation provided an amendment to the [Public Law 116-321](#) that highlights “Recognized Security Practices,” such as NIST, that are deemed consistent with the HIPAA Security Rule.

2. **Cybersecurity attacks continue to be the most common cause of Protected Health Information (PHI) breaches.**

In 2021, more than 300 bills related to cybersecurity were introduced by Congress, including the 2021 infrastructure bill with a \$1B grant fund.

3. **Human error is one of the primary causes of security breaches.**

A weak password, sending PHI unencrypted to the incorrect recipient, sharing passwords/account information, replying to a phishing email, etc. are all reasons PHI is exposed.

Organizations that must follow HIPAA guidance should consider both:

- appointing a Security Officer to support compliance with security standards, and
- conducting periodic staff trainings/reminders and audits on security policies and protections.

This latter consideration can include identifying/reviewing phishing emails, best practices for securing passwords and other ePHI, and when/how to notify appropriate leadership of a potential security breach.

Overall, the HIPAA Summit reinforced that the best safeguard to secure privacy and security is an **active, effective compliance program**. Contact [CBC Senior Director, Quality Performance Management Tracie Jones](#) with any questions on how to enact such a program at your agency.

## 2021 Cybersecurity threat trends: phishing, crypto top the list

