Celia Brown is a psychiatric survivor who was instrumental in developing the peer specialist civil service title in the country and first peer specialist in NYS. Celia is the Regional Advocacy Specialist at the NYC Field Office, New York State Office of Mental Health. She provides technical assistance and support to people with psychiatric disabilities and their families. Celia facilitates trainings on peer support and wellness and recovery approaches in community mental health agencies. Celia is a long-time leader in the peer movement. She's a member of the Healing and Hip Hop team and uses her experiences of recovery, She has her NYS peer certification. Celia has utilized her knowledge around food and wellness to improve her own physical health.