



## Grow deeper in your understanding of the Eucharist

This is the Year of the Eucharist! The Offices of Liturgy and Faith Formation of the Archdiocese of Seattle are offering a webinar to help parish communities observe this special time of focus on the mystery of the Eucharist. As Archbishop Etienne has written, “The Catholic life is a Eucharistic life. We, too, are to be blessed, broken, multiplied and shared so that others may come to know Jesus Christ (see John 6:1-15). Our faith is to be integrated into every aspect of our life.”

### WEBINAR DETAILS

- **Delve** deeper into the meaning of the Mass and reflect on its implications for our daily lives.
- **Explore** some of the key themes of *The Work of Redemption: Eucharistic Belief and Practice in the Archdiocese of Seattle*, Archbishop Etienne’s pastoral letter.
- **Reflect** on four principal movements of the liturgy—Gathering, Word, Presence, and Sending—and how each of them challenges us to live the Eucharist more fully in our daily lives.

The webinar is 90 minutes (including time for reflection and questions) and is offered via Zoom.

If you would like to have this presentation offered as part of your parish’s observance of the Year of the Eucharist, please email Carlos Carrillo, Director of Faith Formation for the Archdiocese of Seattle at [carlos.carrillo@seattlearch.org](mailto:carlos.carrillo@seattlearch.org). Our team of presenters can offer this presentation in English or Spanish. There is no cost to your parish.

