







4700 SW Dash Point Road, Federal Way, WA 98023 (206) 274-3130 • palisades@seattlearch.org www.palisadesretreatcenter.org

#### **DIRECTIONS**

The Archbishop Brunett Retreat Center at the Palisades, overlooking the beautiful Puget Sound, is located just 4.5 miles from I-5.

From North or South I-5, take exit 143. Go west on 320th Street, past The Commons Mall. Stay on 320th until it ends. Turn right onto 47th Ave SW. At the end of 47th, turn left onto Dash Point Road (WA State 509) and then take the first right into the drive for the retreat center.



# Making a Private Retreat

















# Interested in making a Private Retreat?

The Archbishop Brunett Retreat Center is blessed to be able to offer guests the opportunity to make up to a week-long private retreat. "What's a Private Retreat?", you might ask. The Catholic tradition is filled with stories of the saints going away to a cave or cell in order to be alone with God. This, in essence, is a private retreat. It's a retreating from the noise and rush of our day-to-day lives, in order to rest and refocus. Guests on private retreat are completely free to make their own retreat schedule. Some find peace sitting in the chapel, others in walking the grounds, and still others in quiet reading with a book in our library.

Should you wish to schedule a private retreat, please contact us!

# Reasons to make a Private Retreat:

- + Time to rest and take a break from the busyness of modern life.
- + Time to find silence and better listen to the quiet voice of God.
- + Time to reflect and cultivate an awareness of what is happening in your heart.
- + Time to discern a life decision or a particular situation.
- + Time to spend with the Lord and pray.

### **SCHEDULE TODAY!**

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# Sacrament Schedule

Regretfully, daily Mass and confessions are not regularly scheduled at the Retreat Center. Should private retreatants want to partake in the sacraments, they should check with the Retreat Center staff to see if anything is scheduled during their stay.

## **Prices**

**Room:** All rooms have a queen or full size bed.

**\$67/night Per Person,** Private Room

**\$51/night** Per Person, Shared Room with

family member or friend

**Meals:** Breakfast, lunch and dinner are served each day at the Retreat Center. Retreatants may choose what meals they will need.

\$13.50 **Breakfast:** hot entrée

**\$16.25 Lunch:** full salad bar and entrée

\$23.50 **Dinner:** full salad bar, entrée,

and dessert

\*All prices are subject to change.