

SPRING EDITION 2020

STARS JUNIOR NEWSLETTER

CENTRAL PARK TENNIS CLUB



IMPORTANT THINGS to REMEMBER

Due to Covid-19, and Central Park being closed we will send out Spring registration information when we have a definitive open and start date.

MESSAGE FROM COACH DEA

Hello CPTC junior families!

We are missing all the juniors and families of our program while our club is closed due to the safety measures that we as community must take to keep everyone safe and healthy. On the next page we have a couple of tips for you to get creative with Tennis at home! Make sure to check out your new [Junior Team](#) website! We also have the newsletter posted on our main club [website](#).

Hope everyone is staying healthy. We look forward to when we will be able to work with your kids again. Tennis for life!

- Coach Dea

WHAT'S INSIDE THIS ISSUE:

Check out your new Junior Team website!

Tennis from home!

The basic tennis terminology

Check out our brand new WEBSITE!

Stay connected with tennis! Starting April 1st your favorite junior team pros will be posting content for you to improve your skills & knowledge all while social distancing! Check it out & let us know how it goes!

<https://www.cptcjuniorsteam.com>

Visit the above link & click “blog” to access posts

This content will also be posted on social media for our older juniors.

Instagram Handle: cpjuniorsteam

Fun Tennis Activities for Tennis at Home!

NetGen has created a great resources and ideas that you will be able to have fun with as well as keep your children's tennis game active. Here is the [link](#) to the website to keep you engaged with tennis at home!

Let's Learn some Tennis Terminology!

It is important to know the terminology of tennis! Knowing what your coach is saying makes tennis all the more fun! Below is the important tennis terminology that you must know for tennis!

ace: A ball that is served so well the opponent cannot touch it with their racquet.

All: An even score. 30-30 would be 30 all

Backcourt: The area behind the baseline.

Backhand: The stroke used to return balls hit to the left side of a right-handed player.

Deuce: A score of 40-all.

Volley: A shot that is hit before the ball bounces.

Fault: A served ball that does not land in the proper service box.

Let: A point played over because of interference.

Got these down? Check out the [USTA website](#) for more!



LITTLE STARS | RED STARS | ORANGE STARS | GREEN STARS

If you have questions regarding your child, their current level, how they can improve, what they are exceeding at, etc., please contact the Go-To-Pro Dea Sumantri at Deas@centralparktennisclub.com.