

# HOW TO

## Update your Realm account & Database Update Instructions

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### Logging into Your Realm Account

Step 1: Open a web browser and go to [onrealm.org](https://onrealm.org) 

Step 2: Click **Sign In** at the bottom of the page. 

Step 3: Enter your **email address** and **password**. 

Step 4: Click Sign In.

- If you forgot your password, click **Forgot your password?** and follow the prompts to reset it. 

## Updating Your Profile Information

Step 1: Once logged in, click on your **name** in the top right corner.



Step 2: Select **My Profile** from the dropdown menu.



Step 3: Click **Edit Profile** (usually found near your name or personal information section).



Step 4: Update any fields such as phone number, email, address, or personal details.



Step 5: Click **Save** to apply changes.



## Adding a Profile Picture

Step 1: In the **My Profile section**, click on the **camera icon** or existing profile picture.




Step 2: Click **Upload Photo** and select a picture from your device.




Step 3: Adjust the image if needed, then click **Save**.



## Updating Privacy Settings

Step 1: In the **My Profile** section, find and click on **Manage Privacy**. 

Step 2: Opt into the online directory. 

Step 3: Choose which information you want to share with: 

- Everyone (all Realm users in your church)
- My Groups + Leaders (only those in groups you're part of)
- Church Staff Only (restricted to administrative staff)
- Users with Permission only (fully private, visible only to you and staff where required)

Step 4: Click **Save Privacy Settings** to confirm your choices. 