



SOLANO



May 2 2021 | Fifth Sunday of Easter





Mass Times

/ Monday - Friday
8:30 AM**
/ Saturday
5:00 PM
/ Sunday
8:30 AM**, 10:15 AM,
12:00 PM, & 5:00 PM

***= Available via live stream
at solanocatholic.org*



Walk-Up Communion

/ Sunday
2:00 PM - 2:30 PM

Confession + Adoration

/ Saturday
11:00 AM - 12:00 PM

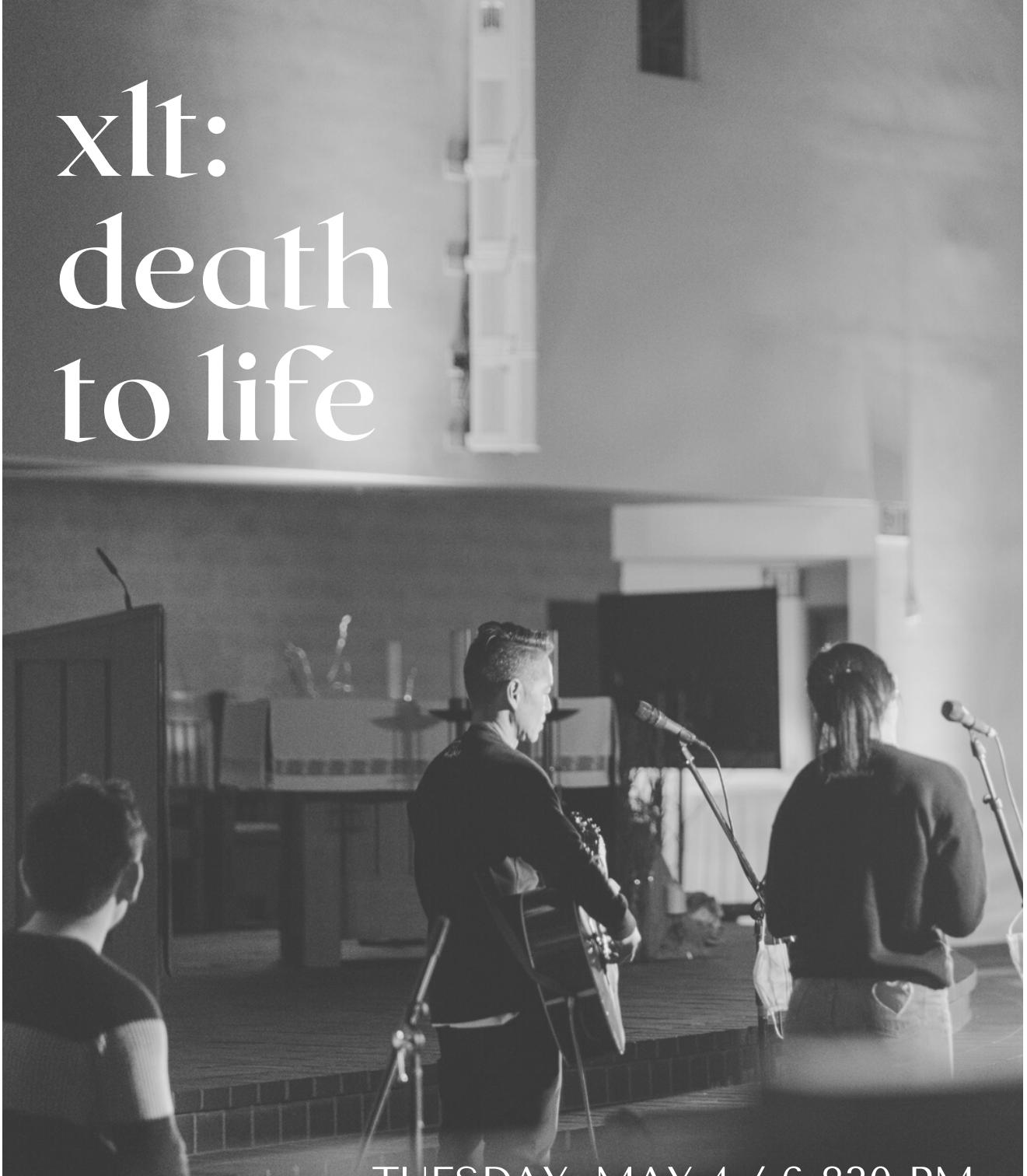


Office Hours

Parish Office
/ Monday - Friday
9:00 AM - 12:00 PM

YFF Office
/ Monday
9:00 AM - 5:00 PM
/ Tuesday
9:00 AM - 8:00 PM
/ Wednesday
9:00 AM - 5:00 PM

xlt: death to life



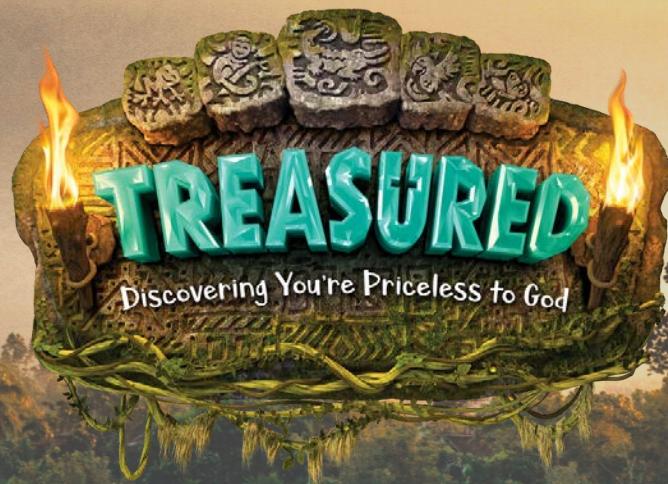
TUESDAY, MAY 4 / 6-830 PM
WORSHIP, A MESSAGE, AND ADORATION
IN THE CHURCH OR VIA LIVE STREAM

Think tomorrow. Give today!



Congratulations Solano, we reached our PSA goal of \$171,000! Now that we've reached the Diocese goal, any gift that we receive goes straight to help offset the cost of the new Solano Solar initiative! The solar we install generates over 103% of our electricity needs and saves us \$60,000 a year. **Visit solanocatholic.org/psa to donate.**





You're treasured by God!

VBS TREASURED 2021

Embark on an epic quest through hidden ruins, ancient caves, and dense jungles. At Treasured VBS, kids dig into action-packed, faith-filled adventures. They'll discover God's greatest treasure isn't diamonds, gems, or gold—it's them!

WHEN: JUNE 21 -25, 2021

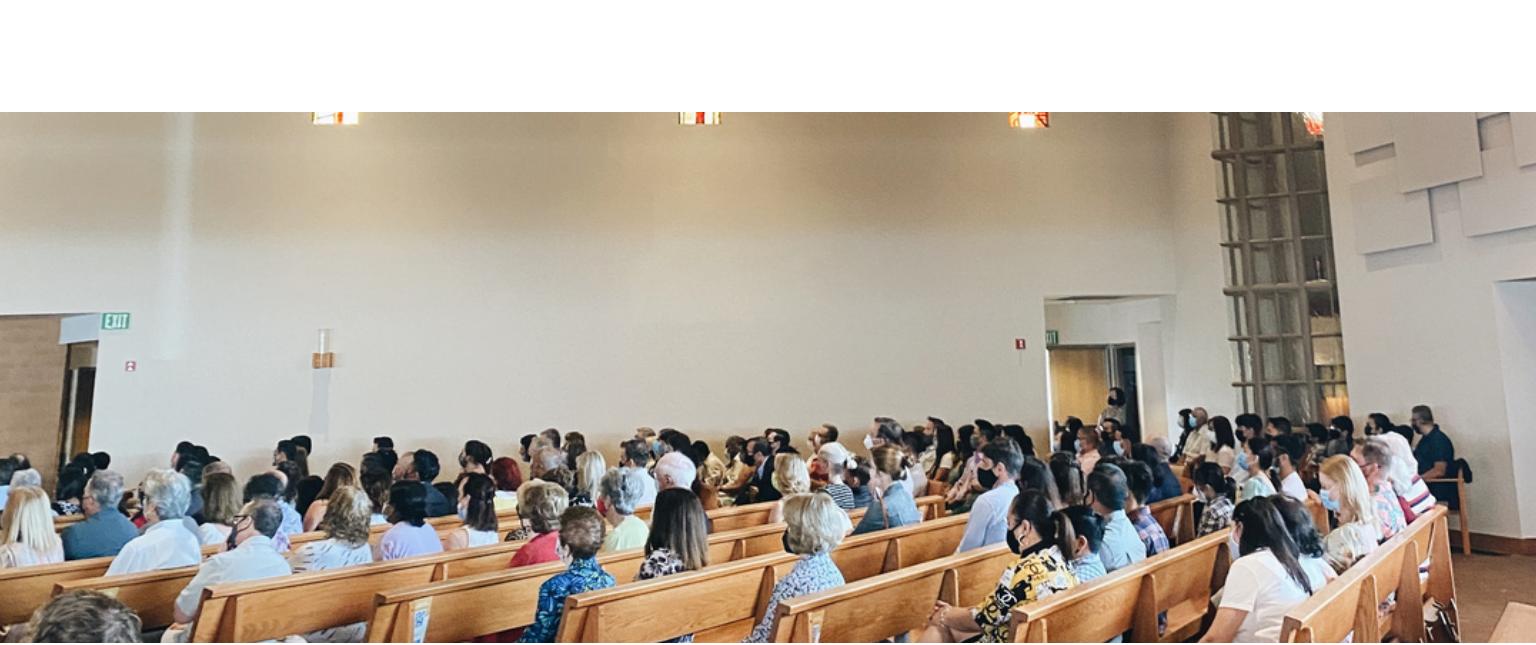
WHERE: ON-CAMPUS!

WHO: AGES 3 - 8TH GRADE

COST: \$75/CHILD

VBS isn't possible without volunteers! Sign up for the many ways you can serve at solanocatholic.org/vbs.

REGISTER TODAY -
SOLANOCATHOLIC.ORG/VBS



ADULT CONFIRMATION- If you're an adult a part of the Church and are not yet Confirmed, we invite you to participate in the Sacrament of Confirmation! Adult Confirmation will take place on Pentecost Sunday, May 23. Please email Deacon Carl for more information or sign up at deaconcarl@sfsolano.org.

FORMED. ORG - A new resource for you! San Francisco Solano has officially subscribed to Formed.org. About Formed: FORMED.ORG provides the very best Catholic content from more than 60 organizations to help parishes, families, and individuals explore their faith anywhere. Resources include thousands of movies, children's programs, ebooks, audio, parish programs, and studies all available from your device. Access this new resource by visiting [formed.org](https://www.formed.org), create your account, and type in "San Francisco Solano."

MASS INTENTIONS - Sunday, May 2

8:30 am Masoni Families

Peters Family

10:15 am † Roger Gallego

12:00 pm † Carl & Maria Swanson

5:00 pm † Norma B Cordova

† Mario Paolone

Monday, May 3

8:30 am † Elino Malana

† Christopher Hamilton

Tuesday, May 4

8:30 am † Potenciana Apat

† Remedios Reyes Sutton

Wednesday, May 5

8:30 am † Ron Palma

† Reynaldo Laurel

Thursday, May 6

8:30 am † Nhan Pham

† Amelita Tirona

Friday, May 7

8:30 am 55 & Better

† Beatrice Ann Trujillo

Saturday, May 8

5:00 pm † Martha Cordova

† Maria Alvarez

Recipe: Mother's Day Morning Breakfast Tacos

- Pancakes (make your favorite recipe)
- 1/3 cup cream cheese, softened
- 3 tbsp vanilla yogurt
- 1 small banana, sliced
- 1 cup fresh raspberries
- (works with any fruit or spread)

Other ideas for fillings and toppings: Nutella, chocolate sauce, whipped cream, chocolate chips, blueberries, cinnamon apples, or strawberries.

First, make your favorite pancakes (either from scratch or a box). Then, beat together the cream cheese and yogurt. Spread mixture over pancakes, top with banana and raspberries, and fold up like tacos. Treat your mom with breakfast in bed!



Family Adventure: Spring Cleaning

It's amazing what spending one hour in a combined effort to pick up and refresh your home can do! We can help teach our children how to simplify their lives by periodically going through toys, clothes, books, etc. This also helps them learn how to pare down and cultivate calm. Visual noise is a real thing! Give each family member a box that they need to fill. Consider donating the items that are in good condition.

FAITH + FAMILY
collective

SAN FRANCISCO SOLANO

MAY

"Some old-fashioned things like fresh air and sunshine are hard to beat." - Laura Ingalls Wilder

The winter is past, the rain is over and gone. The flowers appear on the earth; the time of singing has come. - Song of Solomon 2:11-12

Faith + Family Tips:

+ During the month of May we remember Mary, the Queen of Heaven. The rose, known as the queen of the flowers, is also a symbol of virtue and love. Images of Mary are often surrounded by roses. This month place a statue or picture of Mary in the entry of your home. Invite your children to keep a vase next to her filled with flowers all month long. Let the perfume from the flowers remind you of her loving presence in your home.



+ Lots of women help "mother" our children. Have your children make "mother and other" cards for grandmothers, aunts, godmothers, babysitters, coaches, etc. Extend Mother's Day this year!

+ Capture a few moments to notice God in the beauty of springtime. Watch God paint a sunset, look for different shapes in the clouds, count the colors in a rainbow, watch the wind rustle the trees, splash in puddles, or pull the car over to run across a field together. Challenge your children to find God's fingerprints in nature.

Teaching: Memorial Day

Freedom is an incredible gift that we can never take for granted. Memorial Day gives us the chance to remember all of the people who have sacrificed their lives for us. In the midst of BBQ's and pool parties, let's make a point to pray for all the families who have missing chairs at their tables. Memorial Day is a day off - to remember.

Prayer: This month let's pray Mother Mary's prayer together as often as we can! Ask her to bring your family closer to her Son, Jesus. "Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen."