



## Student Symptoms Guide – A Guide for Illness

We have had many questions from parents about our health policies for the 2020-21 school year. We have included below the link to the Student Symptom Decision Tree provided to us by the OC Health Care Agency for your reference. Please use this guide to assist you when your child is ill. Please use this link to access the Student Symptom Decision Tree: [Student Symptom Decision Tree](#)

- If your children exhibit any of the low risk symptoms listed on the chart, please keep them home from school. These include fever of 100.4 or more, congestion/runny nose, nausea/vomiting/diarrhea, sore throat, headache, fatigue/muscle or body aches.
- If your children have only one low risk symptom, please keep them home for at least 24 hours or until the symptoms resolve without the use of any medication.
- If your children have 2 or more low risk symptoms listed on the chart, please make an appointment with the doctor for evaluation. **A note from the doctor is required before your child can return to school. The doctor's note must be emailed to [mhogan@serraschool.org](mailto:mhogan@serraschool.org) prior to your child's return to school. If your child is in preschool, the doctor's note must be emailed to [creiss@serraschool.org](mailto:creiss@serraschool.org).**
- If your child exhibits any of the high-risk symptoms listed on the chart, including cough, breathing difficulty, or loss of taste/smell, please make an appointment immediately with the doctor for evaluation. Please provide a note from the doctor indicating a diagnosis or if there was no diagnosis and that no COVID-19 test is needed.
- If a COVID-19 test (SARS-CoV-2) is given and the results are **negative**, the child may return to school after symptoms have resolved. The COVID test results are required before the child can return to school. **The COVID -19 test results and a doctor's clearance note should be emailed to [mhogan@serraschool.org](mailto:mhogan@serraschool.org) prior to your child's return to school. If your child is in preschool, the doctor's clearance note and test results should be emailed to [creiss@serraschool.org](mailto:creiss@serraschool.org).**
- If a COVID-19 test is **positive**, the child must quarantine for 10 days from the onset of the symptoms. After 10 days they may return to school if the symptoms have resolved and they are fever free. **The COVID test results and a doctor's clearance note are required before the child returns to school. The test results and doctor's clearance note should be emailed to [mhogan@serraschool.org](mailto:mhogan@serraschool.org) prior to your child's return to school. If your child is in preschool, the doctor's note and test results should be emailed to [creiss@serraschool.org](mailto:creiss@serraschool.org).**
- If a child tests positive for COVID-19 and was at school, all students in the class and anyone else who may have been exposed will be required to quarantine for 14 days.
- If your child is sick, please call the attendance line (949) 888-1990 ext. 299 and report the nature of the illness. If your child is in preschool, please call the attendance line and email your child's teacher and [creiss@serraschool.org](mailto:creiss@serraschool.org).
- Please call the Attendance Line (Ex. 299) everyday your child is absent.
- Our primary goal is to keep our students and staff healthy and safe. Therefore, we urge you to keep your children home when they are sick. Contact the doctor when your child is sick and stay in communication with the Health Room/ regarding your child's health.
- If you have any questions regarding our COVID-19 policy for sick students, please feel free to contact Mary Hogan in the Health Room for TK through 8th grade, or Mrs. Carol Reiss for preschool students.

# Student Symptom Decision Tree

Screen all students for potential COVID-19 symptoms or exposure

## Low-risk: general symptoms



Fever ( $\geq 100.4^{\circ}\text{F}$ )



Congestion/runny nose



Nausea/vomiting/diarrhea



Sore throat



Headache



Fatigue/muscle or body aches

## High-risk: red flag symptoms



Cough



Difficulty breathing



Loss of taste/smell

## Exposure to COVID-19 positive person?

*Close contact: less than 6 feet, 15 minutes or longer*

NO

► 1 **low risk** symptom



Send home



Return to school 24 hrs after symptom resolution (without fever reducing medication)

►  $\geq 2$  **low risk** symptoms  
OR 1 **high risk** symptom



Send home



Evaluation by health care provider

1 Health care provider confirms alternative diagnosis for symptoms. A health care provider's note must be on file. SARS-CoV-2 PCR test not needed.

Return to school after 24 hrs without fever and symptoms improving

2 Negative SARS-CoV-2 PCR test.

Return to school after 24 hrs without fever and symptoms improving

3 Positive SARS-CoV-2 PCR test  
OR  
No provider visit or test.

**Return to school only after 10 days since symptom onset and 24 hrs without fever. Quarantine close contacts of confirmed cases. Contact HCA if questions.**

YES

► Stay home\*

**Return to school after 14 days from last contact, unless symptoms develop. If symptoms develop, perform SARS-CoV-2 PCR test.**

\*In consultation with OC Health Care Agency (HCA)