

## Random Acts of Kindness

With our continued focus on the whole child, we see a need on our school campus for our students' social emotional well-being. As a society, our students are facing more and more challenges and pressure both socially and academically.

During the 2020-2021, we researched multiple programs and brought those programs to the Curriculum Advisory Committee. Over the course of two meetings, the committee was presented the programs and what each one could bring to our school campus. As a result of those meetings, we are implementing the Random Acts of Kindness Foundation's program. The program is designed for students in Kindergarten through Grade 8 with a focus on six units (Respect, Caring, Inclusiveness, Integrity, Responsibility and Courage). One program for the entire school with various activities depending on the grade level was the biggest selling point for the Curriculum Committee. This will allow our students to thoroughly develop these units throughout their time here at Serra Catholic.

We are in the very early stages of implementing this program. It is our goal that you will see the program come to life within your student throughout this school year.

Communication regarding the program will continue throughout the year. In the meantime, please feel free to look into the program on their website at

[www.randomactsofkindness.org/](http://www.randomactsofkindness.org/)

1. Click on the link above
2. Go to the tab **For Educators**
3. Click on **Free Training Materials**
4. Scroll all the way down to where you see Family Letter