

Recess Refresh: A Fresh Fruits & Veggies Program

St. Serra has officially launched a fresh produce program. We have partnered with local St. Serra family-owned Moon Goat Farms, to provide our students with farm to school produce daily.

This new program takes place during recesses for grades TK-8. Student feedback during the pilot program has been excellent - you may have heard of the program through your own children! Examples of produce that has been served: lettuce, apples, celery, bananas, and pears.

Once a week Mrs. Word, St. Serra Mom and Moon Goat Farm Founder, delivers the produce to the school. Each morning parent volunteers chop and distribute the produce to the students. Volunteers follow food handling safety and are gloved and masked whenever handling the produce. The produce itself is extremely fresh and much of it has distinct flavor to prove it. No waxy cucumbers here!

Moon Goat Farms is a small, intensive market garden, situated in the beautiful Canyons in Trabuco. With more than thirty varieties of crops they deliver quality and diversity.



The Word Family, owners of Moon Goat Farms.

They specialize in many things, from produce boxes delivered straight to your door to fresh local quail eggs, and even magnificent event cakes.

Click [here](#) to learn more about Moon Goat Farms.



Parent volunteers distribute fresh fruits and vegetables during the Lower School lunch.