

THIS FORM MUST BE SIGNED AND RETURNED TO YOUR CHILD'S HOMEROOM TEACHER IN ORDER TO RETURN ON CAMPUS

COVID-19 FAMILY HEALTH COMMITMENT 2021-2022



It has always been our policy at St. Junipero Serra Catholic School ("SJSC") that parents should not send their child to school if he or she is sick. As we are faced with life during a pandemic, each family commits to the following additional practices to promote health, wellness, and safety.

Symptoms of COVID-19: The symptoms of COVID-19 include, but are not limited to: fever, chills, headache, sore throat, cough, shortness of breath, difficulty breathing, unusual fatigue, body/muscle aches, loss of taste/smell, congestion, runny nose, nausea, vomiting and diarrhea.

My signature below indicates that my family agrees to the following additional health expectations to ensure the well-being our school community.

Daily Temperature Checks/Reporting of Symptoms

1. I will take my child's temperature at home each morning before school. By bringing my child to school, I am certifying that my child's temperature was below 100.4°F when it was taken and that my child had no other symptoms of COVID-19 listed above.
2. I agree that, if my child has a fever in the morning, I will not administer fever/pain reducing medication to temporarily lower the fever so my child can attend school.

Display of Symptoms or Positive COVID-19 Test

3. If my child becomes sick during the school day, I will pick up my child within 30 minutes of being contacted.
4. If my child displays symptoms of COVID-19, I am encouraged to contact my child's physician and have my child tested for COVID-19. If my child tests negative, my child may return to school, but I must provide SJSC with a doctor's note clearing my child to return to school AND proof of a negative COVID-19 test. If my child is not tested, he/she will not return to school until ALL of the following are met (1) Fever free for 24 hours without fever reducing medications (2) Symptoms have completely subsided (3) Ten days have passed since initial symptoms occurred.
5. My child will not attend school if he/she exhibits difficulty breathing or is receiving repeated breathing treatments (nebulizers, inhalers) during the day. This does not include inhalers used for exercise-induced asthma. I understand that difficulty breathing can be a serious COVID-19 symptom.
6. My child will be free from vomiting, diarrhea, abdominal pain and upset stomach 24 hours before returning to school.

7. Because various symptoms can mimic COVID-19, I agree to err on the side of caution and not send my child to school if he/she is experiencing multiple minor symptoms including sneezing, scratchy throat, headache, runny nose, irritated or red eyes, itching or rash.

My signature below indicates that my family agrees to the following additional health expectations to ensure the well-being our school community.

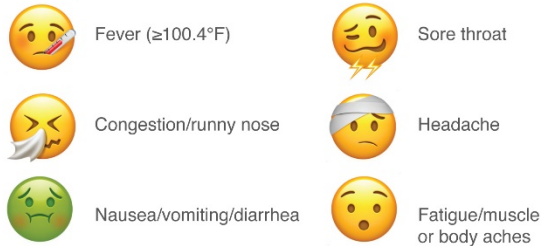
Student Name: _____ Grade: _____
Please print clearly

Name of Parent or Guardian: _____
Please print clearly

Signature of Parent or Guardian: _____
Date

Student Symptom Decision Tree

Low-risk: general symptoms

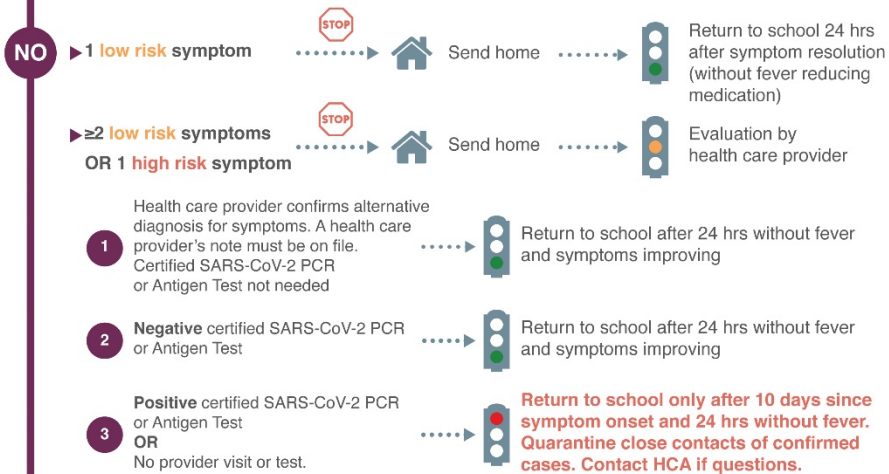


High-risk: red flag symptoms



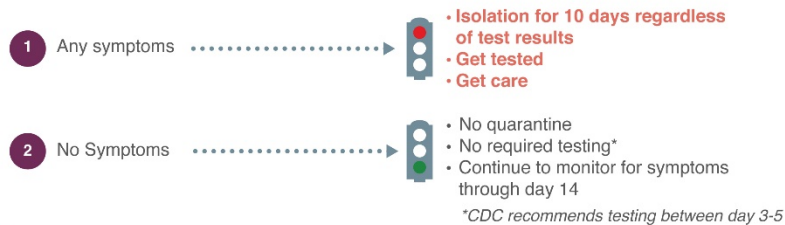
Symptomatic and exposure to a COVID-19 positive person?

within 6 ft of a COVID + or clinically compatible person for >15 min in a 24 hr period, regardless of masking

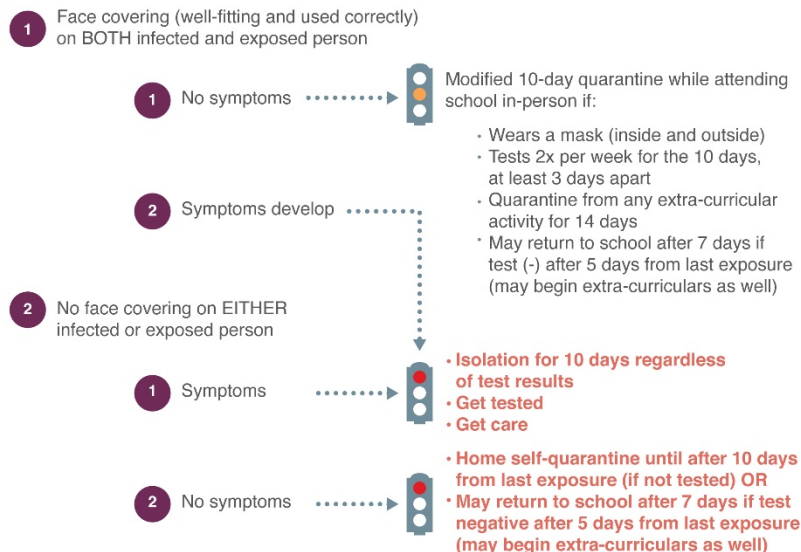


YES (within 6 feet for >15 min in a 24 hr period, regardless of masking)

► Vaccinated or Documented COVID within 90-days



► Unvaccinated



COMMON QUESTIONS & ANSWERS

FACE COVERINGS

Q. Why does the AAP still recommend universal masking in schools?

1. To reduce COVID transmission and keep schools open so that kids can attend school
2. Newly discovered variants of COVID-19 are more easily spread among children, adolescents, and adults
3. To protect unvaccinated students, some who are not yet eligible for immunization, from COVID-19
4. Difficulty in monitoring or enforcing mask policies for those who are not vaccinated

Q. Do you recommend COVID-19 vaccination?

- A. We strongly urge that all eligible students receive the COVID-19 vaccine as recommended

Q. When does a child need to wear a mask at school?

- A. According to the CDC and CDPH, masks should be worn inside, regardless of immunization status. Masks are not required outside. "Exposure" on the Student Symptom Decision Tree includes indoors and outdoors.

Q. When do faculty and staff need to wear a mask at school?

- A. Teachers, regardless of immunization status, should remain masked when indoors at school, regardless of whether a student is present.

PHYSICAL DISTANCE

Q. Do we still need to enforce physical distancing in schools?

- A. When masks are worn, there are no physical distancing requirements in the K-12 setting, which includes school transportation. During times when masks come off, such as during snack, lunch, or outside breaks, maximize physical separation as much as possible to reduce transmission of COVID-19.

GENERAL HEALTH & SCREENING TESTING RECOMMENDATIONS

Q. How does a health screener know whether a student with minor symptoms should be sent home?

- A. Refer to the updated 2021 Student Symptom Decision tree
- B. Considerations when determining if a student with Covid symptoms should go home:
 - Does the student have any previously reported health concerns that may have similar symptoms as Covid such as allergies, asthma, diabetes, or IBS?
 - Has the child had exposure to other illnesses, i.e., the mother has a cold, but a negative COVID test?
 - If the student has a cough, is the cough continuous or rarely noted? If the cough is explained by a known health issue and does not last longer than 15 minutes, consider allowing the student to rest.
 - If the child's symptoms (i.e., runny nose or congestion), impact their ability to wear a mask, you may dismiss COVID as a cause, but still need to send a child home.

CASE REPORTING/CONTACT TRACING/INVESTIGATION

Q. Is the school responsible for case reporting and contact tracing?

- A. Schools are required to report COVID-19 cases to the local public health department in accordance with applicable privacy laws as soon as they are informed (Title 17, section 2500). Districts must continue to conduct contact tracing for close contacts (less than 6-feet of separation, masked or unmasked, with contact duration > 15 minutes) that occur in indoor or outdoor environments.

QUARANTINE & ISOLATION RECOMMENDATIONS (refer to Student Symptom Decision Tree)

HAND HYGIENE RECOMMENDATIONS:

Q. Is hand washing still a critical mitigation strategy?

1. Yes! Please teach and reinforce washing hands throughout the day, especially before and after eating, after using the toilet, and after handling garbage, using playground equipment, or removing gloves.

CLEANING RECOMMENDATIONS

Q. How often should indoor surfaces be cleaned to keep students and faculty safe?

- A. Cleaning classrooms & shared P.E. equipment once a day is often enough to remove a potential virus that may be on surfaces. Surfaces that encounter food should be washed, rinsed, and sanitized before and after meals. Use recommended cleaning agents (see U.S. Environmental Protection Agency COVID-19 list).

FOOD SERVICE RECOMMENDATION

Q. If children are eating outside, COVID transmission is unlikely, right?

- A. Data suggests this eating during snack or lunch can be a time when COVID-19 is commonly transmitted in schools. Maximize distance as much as possible while eating, especially indoors.

VACCINATION VERIFICATION

Q. Should schools try to keep track of COVID-19 vaccinations?

- A. Schools should maintain documentation of a student's immunization records, including COVID-19, in compliance with California state regulations (Health & Safety Code, Div. 105, pt. 2, Ch. 1).

COVID-19 SAFETY PLANNING

Q. We want to keep our school safe and healthy. What can we do to implement our plans well?

- A. Refine and share your safety plans, outlining expectations, guidelines, and consequences. Clarify roles and responsibilities (health screening personnel, food service staff, COVID-19 liaison to report cases and support contact tracing, eating supervision to maintain physical distance, & staff to maintain cleaning supplies).