

Ohio Convention 2021 Breakout Sessions ...Descriptions

March 2 Who Was Harriet Tubman? Savvy educators want to know! Hear the truth about her life, times, and legend?

Harriet Tubman is one of the greatest heroines of the Civil War and one of the best-known conductors on the Underground Railroad. Learn about the woman they called "Moses" and her service during the Civil War. Hear excerpts from *Out of Slavery: A Novel of Harriet Tubman*. Presenter: Carol A. Trembath, Beta Chi, Michigan; Presenter: Linda Ditzl, Beta Rho (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZApd-qsqTsvGtDYgDrWOrpYFMdPgHLkZNXh>

March 4 Girls ROX (Ruling Our eXperiences) at Upper Sandusky Union Middle School

ROX (Ruling Our eXperiences) is an evidence-based empowerment program for girls. The mission of ROX is to provide girls with the knowledge and skills necessary to live healthy, independent, productive and violence free lives. The vision of ROX is to create generations of confident girls who can control their own relationships, experiences and decisions. ROX has been building confident girls at Union Middle School for the past two years and currently reaching 32 girls this school year. Presenter: Andrea Dunn, Kappa; Presenter: Diana Kirkpatrick, Alpha Delta (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZUkc-2rpz4oHdLc9DyKdMTEYecFuO9P81QF>

March 9 Youth Suicide Prevention

This session will include background education on the problem of youth suicide in the U.S.; warning signs, risk factors, and protective factors for youth suicide; and how to respond and care for youth at risk for suicide as educators. Presenter: Laurel Biever, LPC, Nationwide Children's Hospital; Presenter: Sue Loader, Alpha Psi (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZYscempqj4uHNN5Dr5s9X66bOjMYM2-WqrG>

March 11 **Expanded Borders: The Territories of the United States**

How many territories does the U.S. have? How did we acquire them? What is the current status of each? Do any want to become states? These and other questions will be answered in this presentation. Presenter: Janet Hess, Beta Psi; Presenter: Phyllis Mullins-Neal, Delta Chi (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZMrfuGsrDopEt2oSxMsQ1-bqPhZFOAA96k8>

March 16 **Canva, a 2020 version of Print Shop (but it does so much more!)**

Do you want a free, simplified graphic-design tool? Do you need to make posters, brochures, cards, newsletters, photo collages, social media graphics, and dozens of other projects? Learn about CANVA! It uses a web-based drag-and-drop format and provides access to photographs, images, graphics, templates, videos and fonts. Best of all, the learning curve is almost nonexistent! Presenters: Eileen McNally, Beta Delta, Communications Chairman; Cathy Tenney, Beta Kappa, Editor of *The Voice*; Presenter: Cathy Adams, Alpha Gamma (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZYqcO6orDgvHdITT9e-YBRslmekBrwxLvvS>

March 18 **Integrated STEM Education: What, How, and Why**

The presenter will present the what, how, and why of integrated STEM education and the role of STEM education today. The session will also give participants the opportunity to participate in a condensed integrated STEM lesson. Presenter: Lindsay Burns, Alpha Delta, Chillicothe City Schools; Presenter: Patty Ondrus, Alpha Delta (PDU Credit)

Registration Link:

https://us02web.zoom.us/meeting/register/tZYudOGgpzpkHNXBKZXVB9Lfoac_MSNbZzfc

March 23 **Make the Shift from Stress to Peace**

Everyone deserves peace (including teachers and students)! Peace within your body, mind and spirit. Claim your right to experiencing peace on a daily basis. Shannon will teach breathwork techniques and mindfulness practices to calm your central nervous system for teachers and students alike and shift the perspective from Stress to Peace. Presenter: Shannon Jacobs, RYT500CMI; Presenter: Linda Diltz, Beta Rho (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZwvc-ugpjsuHdJPOD0sM0kDIImBrv9FDIMJf>

March 25 **I think I know how to teach all of these different children with various backgrounds...but, when I think about it... Do I really have a Culturally Teaching Responsive Environment to accommodate my student's needs?**

When your Students walk into your classroom, do they see themselves reflected in your environment? If not, learn how to create a classroom environment that is a reflection of all of your students. Come and learn about some 'promising practices' that will promote cooperative learning experiences that will engage students in your classroom too. Presenter: Melodie McGee, OSO Second Vice-President, Educational Excellence Chairman, Gamma Nu; Presider: Linda Diltz, Beta Rho (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZMude-rqjwsGtV1jlrF2jeZs5AzFdI4Lc7->

March 30 **Zentangle Encore**

The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. We call these patterns, tangles. You create tangles with combinations of dots, lines, simple curves, S-curves and orbs. Presenters: Sue Dion and Mary Stayner, DKG sisters from Illinois will be sharing their time and talent with us. Presider: Katie Gantz, Gamma Phi

SUPPLIES NEEDED:

- white card stock (cut to 3.5" x 3.5" squares)
- a pencil
- a black sharpie or pen
- colored pencils
- a qtip

Registration Link:

<https://us02web.zoom.us/meeting/register/tZEvf-ugqD8rGdYbkQBOKbIYn61QanFtNQSX>

April 6 **A date with Cathy P. Daugherty, Immediate Past International President**

A roundtable discussion for **all** State Members...a must for **all** state officers and **all** state committee chairs and members. Presenter: Cathy P. Daugherty; Presider: Eileen McNally, Beta Delta

Registration Link:

<https://us02web.zoom.us/meeting/register/tZUrcuqgpj4iH9FPDHw6lwwiroPJAqWx6mUH>

April 13 **How to Make Dreams and Goals Come True**

One of life's most enjoyable rewards is seeing our dreams and goals come true. In this presentation, we will look at what gets in the way of fulfilling those dreams and goals, and how to create a successful outcome. Presenter: Rebecca Psigoda, Therapist; Presider: Melodie McGee, Gamma Nu (PDU Credit)

Registration Link:

https://us02web.zoom.us/meeting/register/tZcsf-yggDsoG9KD0AsO_2S7SBLyMFQJPRPM

April 15 **Creating Competence from Chaos**

After an introduction to an Adverse Childhood Experience (ACE) questionnaire, I realized that it is time for a professional conversation about the reality of teaching students who have an ACE score that is impacting their educational success. This session is designed to take a look at what students bring with them and some examples of how a change in the perspective of a teacher can help students find themselves on the path toward competence academically. Presenter: Melody Boyd, Alpha Eta; Presider: Donna Myers, Kappa (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZltd--uqjshH9cKOBMsUjux7F6frfCiN1ov>

April 20 **Prescription for Membership Recruitment**

The Membership and Expansion Committees will present some ideas to help in your membership recruitment. If you plan to attend this session, you should look at the OSO Chapter Membership Resource Guide which will give you a frame of reference for the session. You can do this by going to dkgohio.org and typing in the "Search" box, OSO Chapter Membership Resource Guide and then click on "Expansion." Presenters: Karen Dombrowski, Alpha Nu, Expansion Chairman and Debby Canter, Delta Epsilon, Membership Committee; Presider: Patty Truex, Beta Rho

Registration Link:

<https://us02web.zoom.us/meeting/register/tZlvde2oqjltHNQ0zVbSOtyj-zH7tDFs6IUx>

April 22 **How to Look Like a Million Bucks on a Thrift Store Budget**

Learn the art of thrift/consignment store shopping and how to dress for the shape of your body and face. We'll talk about some fashion/style tips that will have you looking and feeling your best with very little monetary investment. Presenter: Bev Babbert, Delta Theta; Presider: Jane Houser, Gamma Phi

Registration Link:

https://us02web.zoom.us/meeting/register/tZMtdOGsrT8jHdZGBf_9Y1Tc0fwRLRbSZXMz

April 27

Building the Future with ADSOEF ****This session begins at 7:30 p.m.**

Who should definitely be there?

All those wondering how to support the Foundation beyond monetary donations
All Chapter Representatives
All ADSOEF Committee members
All newly elected Directors

What you will learn:

A brief history of your Educational Foundation
All the ways to be involved in the Foundation
How the Foundation operates to fulfill its mission*
What individuals and Chapters can do to support that mission

*The mission of ADSOEF is to procure funding to serve charitable purposes relating to professional and personal growth of educators and educational excellence.

Presenters: Kathy McClendon, ADSOEF Chair; Dr. Norma Kirby, ADSOEF Secretary; and Karyn Kern- Lazear, ADSOEF Board Director

Registration Link:

https://us02web.zoom.us/meeting/register/tZwpduugrzkvGdQzmgOFhJZ4beJ9cgsCf5_X

April 29

Container Gardens for Butterflies and Other Pollinators

This workshop will show how to create container gardens for use at school or home. Educators who want to create outdoor lab settings with little space will discover how they can use some simple supplies to create areas that are friendly to butterflies using host plants. * I have been working with schools raising Monarch caterpillars for the past 5 years. I have expanded my work to include container gardens as some schools did not have access to areas to plant gardens. **Presenter:** Michele Koenig, Gamma; **Presider:** Patricia Cermak (PDU Credit)

Registration Link:

<https://us02web.zoom.us/meeting/register/tZlSdOqppjovH9LjZ2RVjQBwkeDP1kLuyawZ>