



SUNDAYS

DECEMBER 4, 2016-

APRIL 23, 2017

(WE WILL BE CLOSED 12/25 AND 1/1)

CHILDREN 10AM-1:30PM

14 AND UP 2PM-5PM

Location:

Academy MetroWest
218 Speen Street
Natick, MA 01760

Cost: \$5.00 per family.
New families to the gym,
come try us, your first
visit is free!

For more information,
please contact the
Autism Alliance
508-652-9900

a program of



Family Sunday Open Gym

*A sensory experience for individuals with
Autism*

A trip to the Sunday Open Gym is more than just a great way to spend some quality time with your loved one. It is also a way to promote community skills development in a therapeutic environment.

"Individuals with Autism need to have a safe place to explore and express their sensory-self"

Allison Daigle, CTRS,
Co-Director of the Autism Alliance



We provide:

- Trained staff to meet and greet families
- 3,000 square feet of carpeted, open space
- Safety mats surrounding the perimeter
- Activity Schedules available
- Suspended swings provide opportunity to address self-regulation
- Sensory and exploratory materials
- Visual supports
- Timers available to help work on transitions
- Siblings welcome

Inclement weather please check the Autism Alliance Facebook Page