

Contribute to Research on the Experiences of Autistic-LGBTQ Individuals



To Participate: You must be autistic (formal diagnosis not necessary), LGBTQ identified, over 18, not have a legal guardian, and have had an experience of heterosexism that is still troubling to you.

Such experiences might include an event in which cisgender and heterosexual or opposite-gender relationships were prioritized or where your sexual orientation was met with discrimination or invalidation.

We are LGBTQ-affirmative researchers at the University of Massachusetts Boston who are developing online exercises to help sexual and gender minority people cope with their experiences of heterosexism. To learn more about our team visit: <https://www.facebook.com/UMassBostonLgbtqResearchTeam>

Study Participation: Participation is online and can be done at home. Study activities: a brief phone screening, questionnaire on the first day, 3 consecutive days of writing exercises, and a follow up questionnaire.

Benefits: All participants will be entered into a raffle for a \$100 gift card. If you complete all study activities (about 3 hours time across 5 days), you will receive a \$50 gift card. Preliminary data suggests that over 90% of participants found these exercises to be beneficial. Additional benefits may include learning about yourself, developing new insights to deal with your experience(s) of heterosexism, and making a contribution to research focused the coping styles and therapeutic needs of autistic-LGBTQ people.

To learn more, visit this webpage: <https://tinyurl.com/AutismLGBTQScreening>

Contact: Meredith Maroney at Meredith.Maroney001@umb.edu with questions.

This study has been approved by the University of Massachusetts Boston Institutional Review Board (Study # 2013091). If you have questions about your rights as participants, please contact the UMass Boston IRB at orsp@umb.edu or 617-287-5370.