



AUTISM SPECTRUM DISORDERS

Children, Adolescents, Adults, and Their Families

DECEMBER 7-8, 2018

ROYAL SONESTA HOTEL
Cambridge, Massachusetts

offered by

**THE DEPARTMENT OF PSYCHIATRY
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

under the direction of

Karen Levine

Judy Reiner Platt

Lee A. Robinson

This course will offer an update on the latest research findings and clinical applications in the diagnosis and treatment of individuals with autism spectrum disorders. Attendees will learn of the growing body of knowledge in the delivery of treatment as well as review the scientific basis, early risk factors, and other issues associated with individuals with ASD. Learning formats, including group case discussions, Q and A, panel presentations, and didactic lectures will be used to assist in developing new strategies that participants can apply in their practice settings. The course is intended for mental health and health clinicians and others interested in the understanding and treatment of children/adolescents/adults/and their families with autism spectrum disorders. **Learning Objectives:** As a result of attending this course participants will be able to: identify neurological, psychopharmacological, and communication advances; explain early identification, sleep disturbances, social skills, anxiety, and what therapy works best for whom across the spectrum; define strategies to help older clients, parents, and couples; describe disparities in treatment; and review how an integrated care approach can enhance cooperation between provider and patient.

For Further Information Contact: Cambridge Health Alliance Physicians Organization (CHAPO-CME), P.O. Box 398075-Inman Square, Cambridge, MA 02139; Phone: 617-806-8770; Fax: 617-806-8777; Email: cme@challiance.org; Web: www.cambridgecme.org

FRIDAY – DECEMBER 7, 2018

7:45 - 8:30 REGISTRATION AT THE ROYAL SONESTA HOTEL, CAMBRIDGE

8:30 - 12:45 MORNING PROGRAM – Moderator: Karen Levine

Autism: A Neurological Update	Ann Neumeyer
Early Identification and Diagnosis of Autism Spectrum Disorders	Alice S. Carter
Enhancing Communication Through Technology	Howard C. Shane
Addressing Disparities in Care for Children	Sarabeth Broder-Fingert

12:45 - 2:00 BREAK

2:00 - 5:15 AFTERNOON PROGRAM – Moderator: Lee A. Robinson

Relationships and Sexuality for People with Autism: Reaching a Greater Understanding.....	Stephen M. Shore
The Invisible End of the Spectrum: Adults Over 50.....	Eric Endlich
An Integrated Approach to Teaching Social Skills.....	Lauren Weeks

SATURDAY – DECEMBER 8, 2018

8:30 - 12:45 MORNING PROGRAM – Moderator: Lee A. Robinson

What Therapy Works Best for Whom	Rebecca Girard
Addressing Sleep Problems in Children with Neurodevelopmental Disorders....	Kiran Maski
Treating Anxiety Fears and Phobias	Karen Levine
An Update on Psychopharmacology	Christopher J. Keary

12:45 - 2:00 BREAK

2:00 - 5:00 AFTERNOON PROGRAM – Moderator: Karen Levine

Supporting the Support System: Building Resilience in Families Living with Autism	Brenda Dater
Partnering with Families to Create a Roadmap of Care	Laura M. Gaugh, Lee A. Robinson
Discussion and Further Q and A.....	Faculty

PROGRAM CHANGES/SUBSTITUTIONS MAY BE MADE WITHOUT NOTICE

TREATING AUTISM (#732802-1901)

Registration Fees:

Physicians \$400 All Others: \$300

Plus a processing fee of \$5 (all fees in US dollars)

Secure Online Registrations can be made by credit card or check at

<https://cmeregistration.hms.harvard.edu/Autism2018> (directly into browser)

or www.cambridgecme.org for a direct link to the course website

Inquiries may be made to Harvard Medical School – Department of Continuing Education at 617-384-8600

(Monday to Friday - 9:00 am to 5:00 pm EST); email: CEPrograms@hms.harvard.edu

or Cambridge CME at 617-806-8770; email: cme@challiance.org

2018-2019 CAMBRIDGE/HARVARD CALENDAR (tentative schedule)

Couples	November 16-17	School Mental Health	January 25-26
Autism	December 7-8	Addictions	March 1-2
Self-Harm	December 14-15	Young Adults	April 5-6

Meditation May 3-4

GENERAL INFORMATION

REGISTRATION: Please use the secure online website as shown at the bottom of the front page. Credit cards accepted are Amex, MasterCard, and Visa. If paying by check, register online and you will be prompted to download a check submission form. A "pending" email will be sent to you. Final confirmation will be received after processing your check. All foreign payments must be made by a draft on a United States bank or paid by credit card. **Telephone and fax registrations are not accepted.**

COURSE LOCATION AND ACCOMMODATIONS: All sessions will be held at **The Royal Sonesta Hotel in Cambridge, MA.** Rooms in Boston/Cambridge are limited; you are urged to make your reservations early. A block of rooms has been reserved at the Royal Sonesta, 40 Edwin Land Boulevard, Cambridge, MA 02142 (617) 806-4200 until **November 14, 2018.** Please specify that you are enrolled in this course to receive a conference rate (**CODE: 1206HMSACA**)

REFUND POLICY: Refunds, less a \$75 administrative fee, will be issued for all cancellations received two weeks prior to the start of the course. No refund will be made thereafter. "No-Shows" are subject to the full course fee.

CONTINUING EDUCATION:

PHYSICIANS: The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 14 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

PSYCHOLOGISTS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by The American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance maintains responsibility for this program and its content. This course offers 7 credits per day for a total of 14 continuing education credits.

SOCIAL WORKERS and FAMILY THERAPISTS: Application has been made to the Collaborative of NASW and the Boston College and Simmons Schools of Social Work and to the MA Chapter of The Association for Marriage and Family Therapy for a total of 14 credits (7 credits/hours per day). The States of CT and RI accept NBCC and NASW approval for marriage and family therapists. (Please check with your individual state licensing board for information on other states). The Division of Continuing Education in Psychiatry at Cambridge Health Alliance (a teaching affiliate of Harvard Medical School) is recognized by the **New York State** Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0038; 14 contact hours have been approved.

SPEECH-LANGUAGE PATHOLOGISTS, COUNSELORS, and EDUCATORS This course is accepted by the American Speech-Hearing-Language Association (ASHA) under their continuing education honor system. The course will not be listed in the ASHA registry. The continuing education certificate that you receive should be submitted with your renewal form. Activities will generally be accepted if you determine that they contribute to your professional development and will lead to acquiring and enhancing skills and knowledge required for independent practice. The Cambridge Health Alliance, Psychiatry Continuing Education Division, is an Approved Continuing Education Provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Cambridge Health Alliance solely is responsible for all aspects of the program. This program is approved for 14 clock hours, Provider ACEP #5444, and this is also applicable for Commonwealth of Massachusetts Counseling/Allied Mental Health accreditation and PDP Educator and School Speech and Language Pathologists accreditation for a total of 14 credits.

NURSES: The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers a total of 16.8 hours.

FACULTY

SARABETH BRODER-FINGERT, MD, MPH, NIMH Science Investigator and Assistant Professor of Pediatrics, Boston University School of Medicine; Faculty, Harvard Boston Combined Residency Program; Recipient of numerous awards including: Excellence in Action, Massachusetts General Hospital and Advocacy Award, Cambridge Health Alliance; Contributor to numerous publications including: *Journal of Autism and Developmental Disorders; Pediatrics; Autism*

ALICE S. CARTER, PhD, Professor, University of Massachusetts, Boston; Research Associate, Department of Anatomy and Neurology, Boston University School of Medicine; Visiting Research Scientist, Department of Psychology and Child Study Center, Yale University; Author of numerous publications including, *Handbook of Infant, Toddler, and Preschool Mental Health Assessment*

BRENDA DATER, MSW, MPH, Associate Director, Asperger/Autism Network; Author, *Parenting without Panic: A Pocket Support Group for Parents of Children and Teens on the Autism Spectrum*

ERIC ENDLICH, PhD, Founder, Top College Consultants; Advisory Team Member, Friedman Neurodiverse Couples Institute and Autism/Asperger Network; Psychologist, Private Practice, Needham; Co-Author, *The Invisible End of the Spectrum*

LAURA M. GAUGH, PsyD, Clinical Child Psychologist, Autism and Developmental Disabilities Program and Pediatric Neuropsychology Program, Cambridge Health Alliance; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

REBECCA GIRARD, LICSW, Staff Therapist, Neuropsychological and Educational Services for Children and Adolescents (NESCA), Newton; Consultant, The Affinity Project, Cambridge; Clinical Consultant, Social Competence and Treatment Lab, Stony Brook University, Stony Brook, New York; Contributor to, *Twice Exceptional: Supporting and Educating Bright and Creative Students with Learning Difficulties*

CHRISTOPHER J. KEARY, MD, Behavioral Director at the Angelman Syndrome Behavioral Clinic, Staff Psychiatrist at Lurie Center for Autism, and Assistant Program Director at the Multidisciplinary Clinic for Children, Adolescents and Adults with Autism Spectrum Disorder, Massachusetts General Hospital; Instructor in Psychiatry, Harvard Medical School

KAREN LEVINE, PhD, Director, Helping Children with Challenges and Private Practice, Lexington; Supervisor, Child and Adolescent Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School; Clinical Consultant, Autism Services, Northeast ARC; Author of numerous chapters and the books: *Attacking Anxiety: A Step by Step Guide to an Engaging Approach to Treating Anxiety and Phobias in Children with Autism and Other Developmental Disabilities; Treatment Planning for Children with Autism Spectrum Disorders: An Individualized, Problem-Solving Approach; Replays: Using Play to Enhance Emotional and Behavioral Development in Children with Autism Spectrum Disorders*

KIRAN MASKI, MD, MPH, Director, Pediatric Sleep Center, Department of Neurology, Boston Children's Hospital; Assistant Professor of Neurology, Harvard Medical School; Medical Advisory Board, Hypersomnia Foundation; Author of numerous publications

ANN NEUMAYER, MD, Medical Director, Lurie Center for Autism and Pediatrician and Neurologist, Massachusetts General Hospital; Assistant Professor of Neurology, Harvard Medical School; Author of numerous scientific publications; Contributor to: *Primer on Autism Spectrum Disorders; MGH Textbook on Autism Spectrum Disorders*

JUDY REINER PLATT, EdD, Director, Continuing Education in Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

LEE A. ROBINSON, MD, Training Director, Child and Adolescent Psychiatry and Staff Psychiatrist, Pediatric Primary Care Mental Health Integration and Clinic for Healthy Child Development, Cambridge Health Alliance; Recipient, Kraft Practitioner Program, The Kraft Center for Community Health, Partners Healthcare; Clinical Instructor in Psychiatry, Harvard Medical School

HOWARD C. SHANE, PhD, CCC-SLP, Director, Center for Communication Enhancement and Autism Language Program, Boston Children's Hospital; Associate Professor, Otolaryngology, Harvard Medical School; Recipient of numerous awards; Producer of numerous computer innovations and author of over 75 publications including, *Enhancing Communication for Those Individuals with Autism: A Guide to the Visual Immersion System*

STEPHEN M. SHORE, EdD, Clinical Assistant Professor, Adelphi University, Garden City, New York; Board Member, Autism Speaks; President Emeritus, Asperger's Association of New England; Advisory Board Member, Autism Society, and others; Author/Co-Author: *Beyond the Wall: Personal Experiences with Autism and Asperger Syndrome; Loving Someone with Asperger's Syndrome; College for Students with Disabilities; Understanding Autism for Dummies; Living Well on the Spectrum; Ask and Tell; DVD, Living along the Spectrum: What it Means to have Autism or Asperger Syndrome*

LAUREN WEEKS, PsyD, Founder and Clinical Director, FUSE School and Program, Lexington