



SEEKING INPUT FOR A NEW STUDY: How Parents of Children with Autism Spectrum Disorder Cope

*Researchers at the Benson-Henry Institute for Mind Body Medicine are conducting a research study to learn about stress and coping among parents of children with autism spectrum disorders (ASD). **If you have expertise working with families of children with ASD, or children with ASD we want to talk to you.** Your input will help inform the design of a new Resiliency Program for Parents of Children with ASD.*

Purpose and Benefits

We want to talk to you about stress and coping. Your input will help shape a Resiliency Program for Parents of Children with Autism Spectrum Disorders.

If you join this study, you will be asked to:

- Fill out a short survey about your background
- Take part in a 60-90 minute focus group, in-person or virtually
- Complete an anonymous, online survey after the focus group

Who Can Participate

We are looking for clinicians and leaders in organizations that work with parents and families of children with autism spectrum disorder.

How to join

If you are interested in participating, or if you would like to learn more about this study, please contact Emma Chad-Friedman at echadfriedman@partners.org or (617) 643-6036.

***Thank you for considering our research study!
You will be helping us gather important information about a training
that may help parents like you in the future.***

www.bensonhenryinstitute.org