



WEDNESDAY  
APRIL 5,  
6:30-8 P.M.

Location:  
GravOxy Fitness  
Studio  
17 South Avenue  
Suite 5  
Natick, MA 01760

## Rebounding Fun for Parents

*What can rebounders do for you  
and your child and how do they differ from  
trampolines?*

Come meet Joanne Schmalenberger at her studio and learn about the benefits of rebounders. Joanne has over 21 years of experience in rebounding. Kelly G., our Communications Specialist at The Alliance, bought her rebounder from Joanne over 10 years ago and endorses it as an integral part of her son's sensory diet. "The rebounder provides the deep pressure, sensory input and cardiovascular workout that my son needs to regulate himself".

Some of the other benefits may include:

- Strengthening and toning muscles
- Removing toxins
- Improved visual perception
- Improved balance and coordination



There will be time for you to ask questions, try out the equipment and chat with other parents.

Light refreshments will be served.

a program of



### Questions and RSVP

Pam McKillop  
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