

MONDAY ONLINE CLASSES

Please note we tried our best to be as close to your normal classes times, we apologize it's slightly off. We will also do our best to capture and post video of new choreography just in case you cannot make the slightly altered class time.

We hope to see you all online today!
Miss Abigail & Your AFDS Faculty

RECREATIONAL CLASSES - W/DROPBOX FOLDERS W/RECITAL MUSIC

Monday 4-5:30pm Stepping It Up Combo

DROPBOX <https://www.dropbox.com/sh/amp3galvqlbhf8/AAA8WCDx1VCiwdvNhR1n3wnja?dl=0>

- Part 1: 4-5pm (Miss Kendra) Ballet & Jazz: <https://zoom.us/j/723760657>
- 5 minute bathroom and water break - same link below - so you don't have to leave
- Part 2: 5-5:30 (Miss Abigail) Tap: <https://zoom.us/j/723760657>

Monday 5:30-6:30pm Hip Hop Class (Miss Hilary) - NEW LINK!!!

DROPBOX https://www.dropbox.com/sh/ytmky5d8845o6pn/AABXEPeUjQ0jzZ_wqN-uPaAha?dl=0

- Class meets 5:45-6:40: <https://zoom.us/j/671847978?pwd=OHQ3TC9IRmQ0Q0l0MGZzMXR1UkZCZz09>
- Class password 5678

Monday 6:30-7:30pm Hip Hop Class (Miss Hilary) - NEW LINK!!!

DROPBOX <https://www.dropbox.com/sh/kj759w2rlk64xc4/AAAOdRTUnxTQtTrsuuvCv1Uba?dl=0>

- Online class meets 6:40-7:35pm: <https://zoom.us/j/450334202?pwd=YXdTMVINOvFnTEMzT21RVjVFdUU3QT09>
- Class password 5678

Monday 6:30-8:30 Jazz & Lyrical Class - NEW LINKS! (password 5678)

DROPBOX https://www.dropbox.com/sh/hg69jh0842g36hd/AADJfohStZQGgAB1_BbeY06Ga?dl=0

- Part 1: 6:30-7:10pm (Miss Cailin) Jazz: <https://us02web.zoom.us/j/698056478?pwd=Wm5pWThDZHk5b201WTByaWlyZUIlUT09>
- Break 7:10-7:35 for bathroom and water
- Part 2: 7:35-8:35 (Miss Hilary) Lyrical: <https://zoom.us/j/499585927?pwd=M2taVkg0cmIMTzh1S0xBdHAzMm5UQT09>

Monday 8:30-9:30pm Hip Hop Class (Miss Hilary) - NEW LINK!!!

DROPBOX <https://www.dropbox.com/sh/8imp86o73hziooy/AAA-yaTUMKDVsvK6HD2eBtEta?dl=0>

- Online class meets 8:35-9:35pm: <https://zoom.us/j/843394216?pwd=aVRkbk9zT0hFZEFEY1Q5RXh1QjRXZz09>
- Class password 5678

MONDAY ONLINE CLASSES

TEAM/COMPANY & BALLET / TECHNIQUE / WORKOUT CLASSES

Monday Premier Company - NEW LINKS! (password 5678)

- 4:30-5:10pm (Miss Cailin) <https://us02web.zoom.us/j/522755988?pwd=Z2tpZ2xGQXNtYzBtU1ZUQW9vQ1o4QT09>
- 5:10-5:45pm (Miss Hilary) <https://zoom.us/j/943981792?pwd=WWtoWUIBaExFd3Q4K0h3Zk9NMlZzQT09>
- 5:55-6:25pm (Miss Cailin) <https://us02web.zoom.us/j/606235270?pwd=UkF6N1prenY1NThsZDlNMjhsYkZKUT09>

Monday Ballet

- (Level I/II) @ 5:30-6:20pm (Miss Kendra): <https://zoom.us/j/258997913>
- (Level II/III) 6:20-7:10pm (Miss Kendra): <https://zoom.us/j/439416113>

Monday Workout (all levels) - NEW LINKS! (password 5678)

- 3-4pm Workout/Stretch (Miss Abigail) <https://zoom.us/j/206770837>
- 7:15-8:15pm (Miss Cailin): <https://us02web.zoom.us/j/679465523?pwd=c1orME9sT2MvZ0lyOTAxZTVjY1dZQT09>

Monday Technique - NEW LINKS! (password 5678)

- 5:15-5:45pm: Turning Tech (Miss Cailin) <https://us02web.zoom.us/j/327414672?pwd=ZS9oWVg1Y3hDYlQ2U3NOeGFNOEFrdz09>
- 8:20 - 9pm (Miss Cailin): <https://us02web.zoom.us/j/606234507?pwd= SXFLOEt4SmhBQjJJJa3J1c1I3eGVidz09>
 - ↑ Please come warmed up as this will be mostly technique then you can go to dance therapy at 9pm with Zoe & Kevin

Monday DANCE THERAPY / IMPROVE

- 9-9:30pm (Kevin & Zoe): <https://zoom.us/j/852058358>