

# A Fine Dance Studio Summer 2023 Offerings



**AFTERSCHOOL ACRO CLINICS**  
JUNE 12TH -16TH  
MON - FRI  
4-5:30PM (AGES 5-8)  
\$40/DAY  
5:30-7:30PM (AGES 9-11)  
7:30-9:30PM (AGES 12+)  
\$50/DAY  
NOT VALID TOWARD TEAM SUMMER HOURS



**SUMMER ACRO 2023**  
VOTED NEEDHAM'S BEST DANCE STUDIO  
14 YEARS IN A ROW. COME DANCE WITH US!



**PRIVATE LESSONS**  
CONTACT MISS MORGAN  
MISSMORGANAFDS@GMAIL.COM  
\$40/HALF HOUR  
\$80/HOUR  
10% DISCOUNT ON 4+ HOURS



**TUMBLE THURSDAYS**  
JULY 13 - AUG 24  
5-7PM: BEGINNER  
7-9PM: INT/ADV  
\$50/DAY  
NOT VALID TOWARD TEAM SUMMER HOURS





**A FINE Arts Camp!**  
JULY 10 - AUG 24

**KEEP YOUR KIDS AGES ACTIVE & INVOLVED THIS SUMMER IN A FUN, NURTURING & INTERACTIVE ENVIRONMENT HERE AT A FINE DANCE STUDIO!**

For more information:  
[www.afdance.com](http://www.afdance.com)  
781.449.4800  
Info@afdance.com

**PICK YOUR WEEKS NOW!**  
Monday - Thursday @ 9-3pm

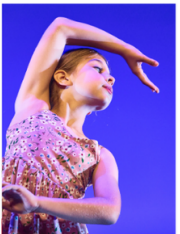
Dancers ages 4-10 years old are immersed in the most fun dance and arts camp around. Each day includes themed arts & crafts activities in between learning and working on the Fundamentals of multiple genres of dance. We will of course do some acrobatics and disco dance parties too!

**SESSIONS:**  
WEEK 2: JULY 10-13  
WEEK 3: JULY 17-20  
WEEK 4: JULY 24-27  
WEEK 5: JULY 31 - AUG 3  
WEEK 6: AUG 7-10  
WEEK 7: AUG 14-17  
WEEK 8: AUG 21-24

**\$299/WEEK**  
**10% multiple child discount**  
**10% OFF additional weeks**


## A FINE DANCE STUDIO SUMMER DANCE SERIES

EVENINGS BEGINNING JULY 10TH - AUGUST 29TH --- \$50/DAY  
5-7PM BEGINNER & 7-9PM INTERMEDIATE/ADVANCED



**MINDFUL MONDAYS**

Every Monday we will open our minds and hearts and leave feeling happy and motivated to start the week full of positivity. Each class includes a warm up, workout & stretch. Then jump into fun choreography in a variety of styles. From hip hop to jazz and contemporary/lyrical.




**TECHNIQUE TUESDAYS**

More of a traditional AFine COMP(rehensive) style class including ballet barre, strength/conditioning, and flexibility/mobility. Then progressing into drilling our jumps, leaps, turns with interesting progressions across the floor and in center. Technique classes are a go at your own pace type class so varying levels are fine.



**WORK IT! WEDNESDAYS**

Train Smart. Train hard. We encourage our dancers to see themselves as not only artists but also as athletes. Wednesdays we will work out and train as both athletes and artists. New physical & artistic challenges each week, pushing us to get over hump day knowing we've made progress and excited to finish the week off strong.



**TUMBLE THURSDAYS**

Using the Acrobatics Arts curriculum and method those enrolled will work at their own pace on skills both stationary as well as down the mat. Each person coming in will set a few goals and work each week to reach them.

NOT VALID TOWARD TEAM SUMMER HOURS

M/T/W CLASSES VALID TOWARD TEAM SUMMER HOURS

**SUMMER INTENSIVE A FINE DANCE STUDIO**

**JUNE 19-22 (+ACRO)**  
**JUNE 26-29 (+ACRO)**  
**AUGUST 21-24**  
**AUGUST 28-29**

**IMPORTANT INFO**

All day time intensives are during the day 9-4pm @ \$105/day. If a dancer enrolls in 5 or more days of intensive (June or August) they'll get a 10% discount off Intensive

We did away with intensive evenings as 95% of people chose the day programs last year. Team dancers must be enrolled in their intensive dates by June 15th, 2023.

We will run an evening intensive if we have 8 or more kids of a similar level interested in the same evenings.



Summer Intensive is open to all dancers, but required for our team dancers as well.

- Sparks (2 days min, 4 recommended)
- Inspire & Ignite (3 days min, 5 recommended)
- Empower, Ambition & Grit (4 days min, 6 recommended)

**SAMPLE SCHEDULE**

9-10:30AM Warm up/workout/flexibility/mobility  
10:45-12PM break  
12:12-30PM Lunch  
12:30-2PM CLASS  
2-2:45PM CLASS  
2:45-3PM break  
3-4PM CLASS

> REGISTER NOW





# A Fine Dance Studio SUMMER ACRO



A  
*Fine*  
DANCE STUDIO

REGISTER ONLINE  
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OR CALL 781.449.4800



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## A FINE Arts Camp!

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# A Fine Dance Studio Summer Evenings Classes

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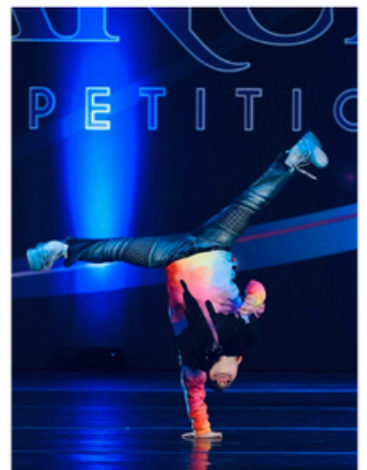
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