

SUMMER 2022

Tuition, Dates & Requirements

**PICK YOUR DATES,
NO WEEKLY COMMITMENT**

**2 HOUR PROGRAMS
(see descriptions at right)**
STARTING, 6/27
ENDING, 8/12

\$40 per day (you pick dates)

Level I/II: 5-7pm M-TH

Level II/III: 7-9pm M-TH

- Call for help picking level
- Private & Semi Private Lessons available - rates vary. Contact abigail@afdance.com to inquire.

AUGUST INTENSIVES

August 16th - 31st

- DAY 9-4pm: \$85/day
- EVE Beg/Int. @ 4-8pm: \$55/day
- EVE Int/Adv. @ 5-9pm: \$55/day

TEAM REQUIREMENTS

- Sparks: **12 hours minimum**
- Inspire: **16 hours minimum**
- Energize: **16 hours minimum**
- Ambition: **20 hours minimum**
- Grit: **20 hours minimum**

SUMMER SERIES 2022

PICK YOUR DATES, NO WEEKLY COMMITMENT

Level I/II: 5-7pm, Level II/III: 7-9pm

MOTIVATION MONDAYS: Starting 6/27, Ending 8/8

***no class 7/4**

Start your week off on a high note. Each class includes a warm up, workout & stretch. Then jump into fun choreography in a variety of styles. From hip hop to jazz and contemporary/ lyrical. Open your mind and heart and you'll leave feeling happy and motivated.

TECHNIQUE TUESDAYS: Starting, 6/28, Ending 8/9

More of a traditional AFine COMP[rehensive] style class beginning with a full ballet class and then jumping into our mobility, strength & conditioning. Followed by a good deep stretch to work our flexibility. Then drilling our jumps, leaps, turns. Ending with some energizing choreography to bring it altogether.

WORKIT! WEDNESDAYS: Starting, 6/29, Ending 8/10

Train Smart. Train hard. We encourage our dancers to see themselves as not only artists but also as athletes.

Wednesdays we will work out and train as both athletes and artists. New physical & artistic challenges each week, pushing us to get over hump day knowing we've made progress and excited to finish the week off strong.

THEATRICAL THURSDAYS: Starting, 6/30, Ending 8/11

A super fun day full of theatrical genres like Lyrical, Contemporary, Broadway Jazz, Musical Theater & more. Each class will do a proper warm up, workout and stretch of course.

AUGUST INTENSIVES: August 16-August 31 (M-TH)

Beg/Int 4-8pm | Int/Adv 5-9pm

Each day includes strength and conditioning warm up and workout with a deep stretch. Then Ballet, Technique and inspiring choreography in all genres of dance.