# A CME and CE Workshop for Physicians and Licensed Health Care Professionals On:

## "Crisis Intervention/De-escalation"

#### **Presentation Overview**

This course will present a real-life crisis situation and then share with the audience possible culturally adaptive, trauma-informed and mindfulness-based crisis response approaches adapted from the Active Prevention & Intervention (A.P.I.) Crisis Response Model. The presenter will lead and facilitate group discussion to identify effective strategies for health care providers, support staff and administrators that they can apply to ensure a more successful outcome in resolving a mental health crisis.

## At the end of the program, attendees should be able to:

- Identify the three components of the A.P.I. Crisis Response Model
- Identify the application of the A.P.I. Crisis Response Model as providers, nurses, social workers and health educators
- Demonstrate how to respond to a crisis scenario utilizing at least three components of the A.P.I. Crisis Response Model
- List three factors leading to a crisis situation
- Describe three intervention techniques to de-escalate a crisis

### 1.5 CME and CE Credits Offered



# EVENT INFORMATION

#### When:

Wednesday, September 20, 2023

# Time:

12:30 – 2 p.m.

#### Where:

Zoom webinar

For questions, please call Quynh Tran at 657-235-6865 or email Continuingeducation@caloptima.org

Space is limited! Please RSVP by Monday, **September 18,** through our online link listed below:

bit.ly/46RgXDx





# Guest Speaker: Paul C. Hoang, LCSW



Paul Hoang is a licensed clinical social worker who has over 18 years of experience providing mental health services for mild-to-severe and persistent mental illness and addiction. In addition, he has over 15 years of experience organizing community conferences focusing on mental health care for the Asian and Pacific Islander communities in California. His subjects of expertise include severe persistent mental illness, grief and loss, cultural and intergenerational trauma, integrative treatment approaches, emergency mental health and disaster

response, spirituality, mindfulness, cultural sensitivity, community and program development, professional conference organizing, media relation, publicity and campaigning, outreach and engagement, logistic, and coalition building. He worked in and out of the United States as a missionary for seven years. Hoang obtained his master's in social work from Loyola University in Chicago in 2006. His works continue to produce micro-, mezzo- and macro-level impacts.

Hoang is also the founder and president of Vietnamese Community Actions for Resources and Empowerment (Viet-CARE), a nonprofit organization developed in 2008 to reduce mental health disparities and enhance quality mental health care services.

CME Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of California, Irvine School of Medicine and CalOptima Health. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CME Credit Designation Statement: The University of California, Irvine School of Medicine designates this virtual activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: All presenters and individuals who planned this event do not have financial interests to disclose. California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, www.meded.uci.edu/cme, for AB 1195 and AB 241 resources.

#### **CE Accreditation Statements:**

BRN — This provider has been approved by the California Board of Registered Nursing, Provider #CEP 11596 for 1.5 contact hour(s).

CAMFT — CalOptima Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. CalOptima Health maintains responsibility for this program/course and its content. Course meets the qualification for 1.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Provider #129350.

NCHEC — Sponsored by CalOptima Health, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1.5 total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours are 0. Provider ID #: 10167. Total Contact Hours earned: 1.5; Entry-level contact hours earned: 1.5; Advanced-level contact hours earned: 0

CCMC — This program has been preapproved by the Commission for Case Manager Certification to provide continuing education credits to CCM board-certified case managers. The course is approved for 1.5 CE contact hour(s). Activity Code and Approval Number will be provided on the certificate of completion. To claim these CEs, log into your CE Center account at www.ccmcertification.org.

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### **AGENDA:**

12:30 p.m.: Welcome and Introduction – Carmen Nicole Katsarov, LPCC, CCM, Executive Director, Behavioral Health Integration, CalOptima Health

12:35 p.m.: Guest Speaker – Paul C. Hoang, LCSW, President and CEO of Moving Forward Psychological Institute, Inc. (MFPI)

1:45 p.m.: Question and Answer Session

2:00 p.m.: Closing

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