Location: CalOptima Health, 505 City Parkway West, Orange, CA 92868

Tuesday, March 10th	11am-12:30pm
Thursday, March 19th	10am-11:30am
Wednesday, March 25th	10am-11:30am

Location: Abrazar, Inc. Community Services & Education Center, 14900 Park Ln Midway City, CA 92655

Wednesday, March 4th	9:30 a.m.-10:30 a.m.