

A Continuing Medical Education and Continuing Education Workshop for Physicians and Licensed Health Care Professionals on:

“Managing Drug/Alcohol Withdrawal and Tapers”

1.5 CME and CE Credits Offered

This course will discuss:

Withdrawal Management (WM) is part science and part art. Understanding the complex interactions between chemicals, neuroadaptations and patient experience is key in providing safe, humane and effective WM from alcohol and drugs.

- Tools used to assess withdrawal from alcohol and drugs
- Assessing risk factors for complications
- Balancing priorities when planning withdrawal management

At the end of the program, attendees should be able to:

- Describe how the COWS and CIWA-Ar tools are used to assess withdrawal
- Describe common medications used to assist in WM
- Explain how WM fits into the landscape of addiction treatment
- Recognize the importance of appropriate aftercare and connection to ongoing services for addiction treatment
- Recognize the importance of shared decision-making in WM planning

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please contact Bao Anh Le at **714-246-8515** before the meeting date.



EVENT INFORMATION

When:

Wednesday, May 4, 2022

Time:

Noon-1:30 p.m.

Where:

Zoom Meeting

For questions, please call Bao Anh Le at 714-246-8515 or email at baoanh.le@caloptima.org

Space is limited! Please RSVP by **April 29, 2022**, through our online link listed below.

bit.ly/3KLtQmI

Guest Speaker:

Mario San Bartolomé, MD, MBA, MRO, FASAM

Dr. Mario San Bartolome, "Dr. Mario," is an Addiction Medicine specialist who is board certified in both Family Medicine and Addiction Medicine. Dr. Mario received his undergraduate degree from UC Davis, his MD from the UC Irvine School of Medicine and received a Master's in Business Administration from the Paul Merage School of Business at UC Irvine. Dr. Mario has experience in all levels of care related to substance use disorders including inpatient medical withdrawal management, residential treatment and outpatient (Intensive Outpatient, Partial-Hospitalization and medical office addiction medicine). Dr. Mario has served as founding Director for the Memorial Care Addiction Medicine Unit and has held directorships for several residential and outpatient treatment organizations. Dr. Mario is a certified Medical Review Officer and has been an active and passionate advocate for people with substance use disorders through leadership at the local, state and national level and enjoys teaching students and colleagues about Addiction Medicine. Dr. Mario serves as the vice chair of the American Society of Addiction Medicine Practice Management and Regulatory Affairs Committee and also serves on the California Society of Addiction Medicine's Public Policy Committee and Board of Directors. Dr. Mario has been active in helping craft various policies involving substance use treatment and remains clinically active in direct patient care involving substance use disorders for vulnerable populations.



AGENDA:

Noon:
Registration

12:05 p.m.:
Welcome and
Introduction – Ellen
Burditt, Program
Manager, Sr. CalOptima

12:10 p.m.:
Guest Speaker – Mario
San Bartolomé, MD,
MBA, MRO, FASAM

1:15 p.m.:
Question and Answer
Session

1:30 p.m.:
Closing

1.5 CME and CE Credits Offered

See CME Accreditation and Credit Designation Statement above.

BRN — This provider has been approved by the California Board of Registered Nursing, Provider #CEP 11596 for 1.5 contact hour(s).

CME Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of California, Irvine School of Medicine and CalOptima. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CME Credit Designation Statement: The University of California, Irvine School of Medicine designates this virtual activity for a maximum of 1.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: All those in control of content have no financial relationships to disclose.

California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website www.med-ed.uci.edu/cme, for AB 1195 and AB 241 resources.