A CME and CE Workshop for Physicians and Licensed Health Care Professionals On:

Diagnosis and Management of Dementia



Presentation Overview

We will review approaches to evaluating cognitive complaints and diagnosing dementia, emphasizing clinical history, cognitive testing, and appropriate use of laboratory and imaging studies. We'll go over the major types of dementia and the key features that distinguish them. We'll review evidence-based treatment strategies — including pharmacologic options, management of behavioral symptoms and non-drug interventions. Lastly, we'll discuss counseling patients and caregivers on the support needed for providing care to those with dementia.

At the end of the program, attendees should be able to:

- Describe a structured approach to evaluating cognitive complaints and diagnosing dementia.
- Differentiate between the types of dementia based on history, examination and clinical features.
- Review appropriate cognitive tests for screening and diagnosis of dementia.
- Identify appropriate laboratory and neuroimaging studies used in the diagnostic workup of dementia.
- Summarize evidence-based pharmacologic and non-pharmacologic treatment options for dementia and related symptoms.

1.5 CME and CE Credits Offered

CalOptima Health

caloptima.org
CalOptima Health, A Public Agency

EVENT INFORMATION

When:
Wednesday,
April 29, 2026

Time:
Noon–1:30 p.m.

Where:
Zoom Webinar

For questions, please email continuingeducation@caloptima.org.

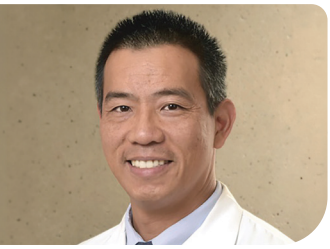
Please RSVP through the link or QR code below:

https://bit.ly/4aPEoRD

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please email continuingeducation@caloptima.org two weeks before the meeting date.

Guest Speaker:

Steven Tam, M.D., Associate Clinical Professor of Internal Medicine, University of California, Irvine School of Medicine, Division of Geriatric Medicine and Gerontology



Dr. Tam is the director of the UCI Health Senior Health Center's memory disorders consultation clinic and a neurology clinical lead for UCI's developing cognitive resource center. His clinical practice involves caring for patients with memory problems and dementia, and his expertise is the primary care management of patients with dementia.

CME Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and CalOptima Health. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement: The University of California, Irvine School of Medicine designates this virtual activity for a maximum of *1.5 AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: All presenters and individuals who planned this event do not have financial interests to disclose.

California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency and implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, www.meded.uci.edu/cme, for AB 1195 and AB 241 resources.

CE Accreditation Statements:

BRN — This provider has been approved by the California Board of Registered Nursing, Provider #CEP 11596 for 1.5 contact hours.

CAMFT — CalOptima Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. CalOptima Health maintains responsibility for this program/course and its content. Course meets the qualification for 1.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Provider #129350. To file a grievance, please email: continuingeduacation@caloptima.org.

NCHEC — Sponsored by CalOptima Health, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1.5 total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours are 0. Provider ID #: 10167. Total Contact Hours earned: 1.5; Entry-level contact hours earned: 1.5; Advanced-level contact hours earned: 0

AGENDA:

Noon: Welcome/ Introduction — Rocio Valencia, LCSW, Senior Director, Equity and Community Health, CalOptima Health

12:05 p.m.: Guest Speaker — Steven Tam, M.D., Associate Clinical Professor of Internal Medicine, University of California, Irvine – School of Medicine, Division of Geriatric Medicine and Gerontology

1:15-1:30 p.m.: Closing — Rocio Valencia, LCSW, Senior Director, Equity and Community Health, CalOptima Health

For questions, please email continuingeducation@caloptima.org.

Please RSVP through the link or QR code below:

https://bit.ly/4aPEoRD

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please email continuingeducation@caloptima.org two weeks before the meeting date.

CalOptima Health

caloptima.org

CalOptima Health, A Public Agency