

A CME and CE Workshop for Physicians and
Licensed Health Care Professionals on:

What Is Past Is Prologue: Fundamentals of Adverse Childhood Experiences (ACEs) in Adult Medicine

This course will discuss the value of ACE screening and how addressing ACEs can improve patient care and the patient care experience. It will discuss best practices for ACE screening and strategies for integrating ACEs into already busy workflows. Finally, the course will review how CalOptima's efforts fit into the California Surgeon General's initiative to improve the health of all Californians.

At the end of the program, attendees should be able to:

- Describe how ACEs and toxic stress disrupt physiology and influence the development of chronic disease.
- Demonstrate awareness of the impact of ACEs on Californians.
- Identify best practices in the use of validated ACEs screening tools.
- Show awareness of the principles of trauma-informed primary care.
- Discuss how addressing ACEs improves the patient experience and trust.

Thursday, October 29, 2020

Time: Noon–1:30 p.m.

Where: Webinar: Go to Meeting

For questions, please call
Quynh Tran at **657-235-6865** or email
at continuingeducation@caloptima.org

<https://attendee.gototraining.com/r/2195647064529973505>

Space is limited!
Please RSVP by
October 23, 2020,
through our online link
listed below.

Guest Speakers:

- * Brent K. Sugimoto, MD, MPH, FAAFP
- * Miles Masatsugu, M.D.

CME Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of California, Irvine School of Medicine and CalOptima. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CME Credit Designation Statement: The University of California, Irvine School of Medicine designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: Full disclosure information for all those in control of content will be provided to participants in the syllabus prior to this activity.

California Assembly Bill 1195: This activity is in compliance with California Assembly Bill 1195, which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. For specific information regarding Bill 1195 and cultural and linguistic competency, please visit the CME website at [http://www.memed.uci.edu/CME/](http://www.meded.uci.edu/CME/).



Brent K. Sugimoto, M.D., MPH, FAAFP, is a family physician and HIV specialist. He has dedicated much of his career to improving outcomes in HIV care, prevention, and access. With a focus on care for adolescents and adults living with HIV at Kaiser Permanente in Oakland, CA, he worked to improve outcomes for this population, and began efforts to screen and intervene for Adverse Childhood Experiences, which are over-represented in persons living with HIV. He has lectured nationally on the need for ACE screening for men who have sex with men (MSM) at risk for HIV infection.

He is also an educator and author of ACEs education for primary care. Dr. Sugimoto has been a national leader in the American Academy of Family Physicians, the largest medical specialty association in the U.S., where he currently serves as the New Physician member on the Board of Directors. Past roles include serving on the Subcommittee on Health Equity. Currently he is Chief Medical Officer for Decoded Health, a technology startup using artificial intelligence (AI) to achieve the Quadruple Aim. He is also a member of the AI in Primary Care Executive Roundtable, a panel that advises the Alliance for eHealth Innovation. Dr. Sugimoto received his medical degree from the University of California (UC), San Francisco, his MS as part of the UC Berkeley-UC San Francisco Joint Medical Program, and his MPH from UC, Berkeley. Dr. Sugimoto lives with his husband and two children in Richmond, California.

Agenda

Noon	Registration
Noon	Welcome and Introduction Miles Masatsugu, M.D., CalOptima
12:10 p.m.	Guest Speaker Brent Katsumi Sugimoto, M.D., MPH, MS, FAAFP
1:10 p.m.	Question and Answer Session
1:25 p.m.	Closing



Miles Masatsugu, M.D., received his medical degree from Wayne State University Medical School and completed his family medicine residency at the University of California, Irvine Medical Center. Dr. Miles is a medical director at CalOptima where he oversees the Quality Improvement program and CalOptima PACE.

1.5 CME and CE Credits Offered

CME Accreditation Statement:

BRN — This provider has been approved by the California Board of Registered Nursing, Provider #CEP 11596 for 1.5 contact hour(s).

CAMFT — CalOptima is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. CalOptima maintains responsibility for this program/course and its content. Course meets the qualification for 1.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Provider #129350.

CHES- Approved: (1.5) Category I CECH will be provided. Provider: CalOptima, Health Education Department. MEP Provider No. CA MEP4439. Provider approved by the National Commission for Health Education Credentialing, Inc. www.nchec.org.