

A CME and CE Workshop for Physicians and Licensed Health Care Professionals On: Childhood Asthma: An Update on Diagnosis, Monitoring and Treatment



Presentation Overview

This course will focus on the most recent National Asthma Education and Prevention Program guidelines and provide updated information on the diagnosis and treatment of asthma. It will also focus on the roles of lung function monitoring, asthma action plans and pulmonology in controlling asthma in the pediatric patient.

At the end of the program, attendees should be able to:

- Describe the three main pathophysiological components of asthma
- Identify three of the most common triggers of asthma
- Identify four differential diagnostic possibilities for asthma
- Name two of the most common reported side effects of montelukast
- Illustrate to families the dose differences between inhaled and systemic steroids for asthma

1.5 CME and CE Credits Offered

The certificate will be issued via CloudCME once the evaluation is completed.

EVENT INFORMATION

When:

Wednesday,
June 24, 2026

Time:

Noon–1:30 p.m.

Where:

Zoom webinar

For questions, please email continuingeducation@caloptima.org.

Please RSVP through the link or QR code below:

<https://bit.ly/40YIp0s>



In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please email continuingeducation@caloptima.org at least two weeks before the meeting date.

Guest Speaker:

Timothy Hicks, M.D., Division of Pulmonology, Pediatric Subspecialty Faculty, Rady Children's Health



Dr. Timothy D. Hicks is a pediatric pulmonologist who treats infants, children and teenagers with a wide range of respiratory tract diseases. His interests include asthma, bronchopulmonary dysplasia, aerodigestive disorders and bronchoscopy. He is an Orange County native, having grown up in Tustin. He completed medical school at Poznan University of Medical Sciences, followed by an internship and pediatric residency at the University of California, Irvine, and Children's Hospital of Orange County combined program. After finishing his pediatric residency, he stayed an extra year as a chief resident at the UCI/CHOC program. He then completed his pediatric pulmonology subspecialty training at Children's Hospital Los Angeles.

CME Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and CalOptima Health. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement: The University of California, Irvine School of Medicine designates this virtual activity for a maximum of *1.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: All presenters and individuals who planned this event do not have financial interests to disclose. [California Assembly Bill 1195 and 241](#)

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency and implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, www.meded.uci.edu/cme, for AB 1195 and AB 241 resources.

CE Accreditation Statements:

BRN — This provider has been approved by the California Board of Registered Nursing, Provider #CEP 11596 for 1.5 contact hours.

CAMFT — CalOptima Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. CalOptima Health maintains responsibility for this program/course and its content. Course meets the qualification for 1.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Science. Provider #129350. To file a grievance, please email: continuingeducation@caloptima.org.

NCHEC — Sponsored by CalOptima Health, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1.5 total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours are 0. Provider ID #: 10167. Total Contact Hours earned: 1.5; Entry-level contact hours earned: 1.5; Advanced-level contact hours earned: 0

AGENDA:

Noon: Welcome/
Introduction — Katie
Balderas, Director,
Case Management,
CalOptima Health

12:05 p.m.: Guest
Speaker — Timothy
Hicks, M.D., Division of
Pulmonology, Pediatric
Subspecialty Faculty,
Rady Children's Health

1:15-1:30 p.m.:
Closing — Katie
Balderas, Director,
Case Management,
CalOptima Health

For questions,
please email
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caloptima.org](mailto:continuingeducation@caloptima.org).

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*In compliance with the Americans
with Disabilities Act, we will
make every reasonable effort to
accommodate your request. For
any special requests, please email
continuingeducation@caloptima.org
at least two weeks before the
meeting date.*