Lunch & Learn:

Disability — History, Advocacy and Independent Living (Part 1)

Join us for lunch and meaningful conversation!



Overview

This training introduces participants to the historical foundations of the disability rights movement and its ongoing impact on access to care and inclusion. Participants will explore milestones, advocacy efforts and the development of the independent living philosophy. The session will also highlight the role of organizations like the Dayle McIntosh Center (DMC) in advancing advocacy, improving access and supporting individuals with disabilities in navigating services.

Don't miss this opportunity to learn, connect and grow over a shared meal!

At the end of the program, attendees should be able to:

- Describe at least three milestones in U.S. disability history and their impact on access to care.
- Explain the core principles of the independent living philosophy.
- Identify at least two key laws or policies that protect the rights of individuals with disabilities and support access to services.
- Describe the role of self-advocacy and community advocacy in advancing disability rights and improving service systems.
- Identify the role of organizations like DMC in improving access, advocacy and coordination of care for members with disabilities.

EVENT INFORMATION

Date:
Tuesday,
July 21, 2026

Time:
Noon–1:30 p.m.

Location:
CalOptima Health
Room 109N (First floor)
505 City Parkway West
Orange, CA 92868

Lunch will be provided at 11:30 a.m.

For questions, please email: continuingeducation@caloptima.org.

Space is limited! Please RSVP using the link or QR code below:

https://bit.ly/4u4oIRz

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please email continuingeducation@caloptima.org two weeks before the training date.

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DMC
DAYLE MCINTOSH CENTER

Agenda:

11:30 a.m.: Lunch Served

Noon: Welcome/Introduction — Thanh-Tam Nguyen, M.D., FAAP, MS, Medical Director, Whole-Child Model, CalOptima Health

12:05 p.m.: Guest Speakers — Brittany Zazueta, Executive Director, Dayle McIntosh Center

Nelly Gomez, Lead Youth and Information Coordinator, Dayle McIntosh Center

1:15 p.m.: Q&A Session

1:30 p.m.: Closing

1.5 CE Credits Offered

Disclosure: All presenters and individuals who planned this event do not have financial interests to disclose.

CE Accreditation Statements:

BRN — This provider has been approved by the California Board of Registered Nursing, Provider #CEP 11596 for 1.5 contact hours.

CAMFT — CalOptima Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. CalOptima Health maintains responsibility for this program/course and its content. The course meets the qualification for 1.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Provider #129350.

NCHEC — Sponsored by CalOptima Health, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1.5 total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours are 0. Provider ID #: 10167. Total Contact Hours earned: 1.5; Entry-level contact hours earned: 1.5; Advanced-level contact hours earned: 0.

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DMC

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