

Ambassador Outreach Program

Making a difference—one volunteer at a time

- ✓ Do you believe in **supporting** a healthy community?
- ✓ Do you want to **improve** people's health outcomes?
- ✓ Do you enjoy **helping** others succeed?

If you answered "YES" to any of these questions, then we have a program that may be right for you! The Office on Aging is recruiting passionate individuals to help share information about our free health workshops available throughout Orange County—NO professional experience needed!

Ambassadors can be:

Person-to-Person

Meet people **one-on-one** with:

- Friends
- Neighbors
- Family

OR

Spokesperson

Provide **small group** presentations:

- Senior Centers
- Hospitals
- Senior Housing Communities

You can volunteer at your own pace—be supported, meet new people and increase your community connections! Your efforts will help increase awareness of free health workshops available to support the health and well-being of Orange County's older adults through the **Healthier Living with Chronic Disease**, **Healthier Living with Diabetes**, **and A Matter of Balance Workshops.**

Come join us Tuesday, October 29th, 2019 from 10am to 12pm
*to train and become an Office on Aging **Ambassador**!*

1300 S. Grand Ave., Santa Ana, CA 92705
Bldg. A, Conference Room B.,
Light refreshments provided
RSVP by October 16th, 2019

For questions or to sign up contact Frank at (714) 480-6451 or
Frank.Hernandez@occr.ocgov.com

OFFICE ON AGING
ORANGE COUNTY
Rooted and growing in Aging Services

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