

HPED Welcomes Limitless Nutrition

HPED would like to welcome Limitless Nutrition to Haverford Township. Owners Monet Robinson and Katie Cruz opened their smoothie and juice bar, which is located at 1225 Darby Road in September. They report that their first few weeks of business have been fantastic, which they say is "due to the very welcoming and friendly community."

Monet and Katie both have medical and wellness backgrounds. They met and became business partners through a mutual friend who knew they were both interested in opening a smoothie bar. They chose Havertown for their store because, "it has a homey, old-time feel, while at the same time being a modern, family-friendly town." They love their location on Darby Road because of the "beautiful view out of the storefront and because their business neighbors are amazing!"

Limitless Nutrition offers a large variety of handcrafted smoothies, teas, and juices, all of which can be customized to accommodate customer's taste preferences and any dietary or allergy restrictions. Monet and Katie hope to create a comfortable atmosphere where people come to hang out and enjoy a healthy treat! Their store is very family friendly, including a private "mother's nook."

In the future they are excited to begin hosting Special Event Nights. The first special event will feature a Spa Night, where guests can sample a variety of skin care and hair care products. Other events will include Boot Camp workouts and kid-friendly crafts. For more information about their menu, events and store hours, please visit <https://www.facebook.com/limitlessnutrition1225/>